PRESIDENT'S CORNER



Peg Bravo | President and CEO

Dear Friends,

February is often the coldest month in Michigan and brings forth a time in which activities slow along with connections that we enjoy when the weather is friendlier, and daylight stretches a bit longer. With each passing year and a bit more wisdom, I have learned to appreciate this time of dormancy as vital for restoration and renewal. It is also a time of prayer, planning and preparation for the great mysteries of Holy Week.

I am truly grateful for the efforts my mother made when my siblings and I were children to teach all

of us the importance of sacrifice, giving and holding Lent as a sacred time. I recall her personally collecting donations for the March of Dimes, taking us to Scouts to raise food and money for those less fortunate and faithfully attending Church to worship and to give a bit more of what we earned in chores and babysitting. It's not surprising that one of her favorite bible verses was "Whatsoever you do to the Least of My Brothers you Do unto Me". Matthew 25:31-46.

I hope you join me this year in considering a gift to the agency as we face the challenge of reduced funding. Just think about what a dollar a day for 40 days would mean to those in need of our safety net services.

As Easter approaches this year, I will be retiring from my role as President and CEO of CSSW. These last six years have been such a wonderful highlight of my career as a nurse and an executive. Although I am embarking on another part of my life, I will always be committed and dedicated to the Agency. For years, I have seen firsthand the kind and compassionate work of our staff and the dedication of our outstanding Board of Directors. The clients we serve are truly top of mind.

On behalf of those we serve, my deepest gratitude for your support of CSSW. I wish you all of God's blessings.

Warmest regards,

Peg Bravo
President and CEO

President and CEO Peg Bravo and staff present CSSW's Mission, Vision, and Core Values at Brunching for a Cause event in October.

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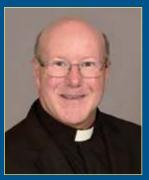
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12 Months of Giving



THE GIFT OF LOVE: A MESSAGE FROM FR. BRENDAN WALSH

This year the Sacred Time of Lent begins on Valentines Day. A day when we begin 40 days of prayer, fasting and alms giving. An opportunity to, once again, remember the life and love of lesus.



Fr. Brendan Walsh

This sacred time calls us to remember the great work, the great ministry, the great responsibility of our church to live the principals of Catholic Social Teaching. These nine principals guide the mission and ministry of Catholic Social Services of Washtenaw County (CSSW). It is how we live our faith in Love and Service.

These nine principals challenge us and remind us of our faith mission,

our love mission: to care for all people, to care for those most in need, to seek equality and justice, to protect the earth, to see that our Government truly serves people, to make sure all people have enough to eat and a place to sleep, to make sure all people are respected and cared for as human persons.

For more than 60 years, the ministry and work of CSSW has made these principals their focus and mission. To care for people, to help people, to serve people. They daily live out the ministry of feeding the hungry, of giving counseling to the hurt, to help children find safe homes, to care for the elderly, and to protect children from abuse.

Our agency makes a difference. It touches hearts, it brings healing, it helps babies know love. It makes the face and voice of Jesus alive and real in the words and actions, the care and concern of the counselors, servers, and leaders.

The season of Lent is when we remind ourselves of our responsibility to support the ministries, programs and services which bring the love of Jesus to those most vulnerable. We make sacrifices by giving alms, to support those most in need in our community. Our focus is to touch the hearts of the hurting, with acts of compassion and kindness.

Lent is when we remember how Jesus comes to teach us and inspire us to be people of great love. We pause to pray and to embrace his example of loving service first in how he washes our feet and then dying on the cross for our sins and rising on the third day to give us new life.

The ministry, the witness, the sacrifice, and the service of CSSW is to live the Gospel Call to be people of Charity with acts of Love. To make the Teaching of Jesus real, when we serve the least in love, we serve Jesus in love.

As we begin these 40 days of Discipline of going without and doing more, let us prayerfully consider making a gift of love and sacrifice in support of the programs, ministries, and services of CSSW. Let us practice our Solidarity with an act of kindness and compassion made with Love. Let us remember Jesus' great commandment when he said to Love God by Loving our Neighbor. Let us make a difference with a gift of Sacrifice, with a gift of love.

Shalom,

Fr. Brendan J. Walsh Pastor, St. Joseph Dexter and Board Member, CSSW

PRINCIPLES OF CATHOLIC SOCIAL TEACHING

- Life and Dignity of the Human Person
- Call to Family, Community and Participation
- Rights and Responsibilities
- Option for the Poor and Vulnerable
- The Dignity of Work and Rights of Workers
- Solidarity

- Care for God's Creation
- Role of Government
- Promotion of Peace



Sally Guindi CSSW Board Member

VOLUNTEER SPOTLIGHT

Sally Guindi

A career in health care law laid a foundation for caring for others and giving back to the community for our newest member of the CSSW Board. Sally Guindi, who retired in 2022 from her role as General Counsel for Trinity Health Michigan, joined the CSSW Board soon after.

"I've known Peg Bravo for many years and have admired and valued her leadership and the outstanding work of the CSSW team. Being invited to join the Agency's Board is an honor and big responsibility and I welcome the opportunity to contribute

to the Agency's continued impact in the community. The needs in our community are enormous," shared Ms. Guindi.

Ms. Guindi wore many "legal" hats during her tenure with Trinity Health and its Michigan hospitals. Sally served for 15 years as Regional Chief Division Counsel for Saint Joseph Mercy Health System, followed by 5 years in the role of General Counsel for all of Trinity Health's Michigan hospital and health system ministries, in addition serving as a managing counsel within Trinity Health. Ms. Guindi has been recognized for her accomplishments over the years, most recently being named a Notable Woman Lawyer in 2017 by Crain's Detroit Business.

Continued on page 5.

OUR BOARD

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A SEASON OF GIVING

In 1964, award-winning author Shel Silverstein wrote and illustrated the children's book "The Giving Tree," a loving tribute to the friendship between a boy an apple tree, and a poignant and moving tale about love, sacrifice, and the importance of appreciating the things we have in life.

It is no wonder that during the blessed season of Christmas, "giving trees" find a place in parishes and businesses throughout Washtenaw County, demonstrating the love of community and a willingness to sacrifice to benefit others.

Each year, CSSW is fortunate to be the recipient of the gifts made possible by way of the giving trees of many local churches and community businesses during the holiday season. Christmas trees adorn vestibules and lobbies with "decorations" of angels, stars, and the like, each listing an item needed by a local charity.

For our Agency, gift cards for Meijer, Target, and Walmart have proved to be the most helpful items – both for donors to purchase and for recipients to shop for their children and pick up any other necessities their family may need.

Thanks to the support of our parish and community partners, more than 370 "giving tree" gift cards and many items from the on-line "Wish List" were provided to make the holiday brighter for those in need of assistance. These contributions were valued at more than \$9,000!

Our thanks to:

FAITH Magazine

St. Andrew the Apostle
Ann Arbor

St. Francis of Assisi Ann Arbor St. Joseph Catholic Parish Dexter

St. Mary Catholic Church Chelsea

St. Mary Student Parish

St. Thomas the Apostle
Ann Arbor

ANN ARBOR THRIFT SHOP

Volunteer Operated for More Than 90 Years

Since the early years of The Great Depression, an inspired group of women has been providing emergency assistance to individuals and families in the Ann Arbor community. In just the last five years, their donations to local non-profit agencies, including CSSW, totaled \$1.5 million and surely changed countless lives.

The Ann Arbor Thrift Shop (AATS), founded in 1932, is a well-known, local retail shop offering gently used clothing,

when we receive a call from a frantic mother whose electricity

we can Help...

housewares, and other needed items for sale at highly discounted prices. This solely volunteer-run organization of 335 women, is led by 25 directors including 2023 President Bonnie Brickett. "Many of our volunteers have been members for decades – a pretty rare achievement among volunteer non-profit organizations," remarked Ms. Brickett.

Until 2021, AATS

volunteers operated a telephone hotline by which agency social workers could request emergency aid and shopping vouchers for their clients.

Today, AATS uses a competitive grant model for providers of emergency assistance, which totaled nearly \$450,000 in 2022/2023. To apply for an Emergency Grant, an agency must be a 501(c)(3) organization and be able to make direct payments to vendors of services on behalf of individuals and families. This reflects AATS's membership's focus and priorities. In addition, Thrift Shop volunteers seek funding requests for their Anne M. Hayes program and Community Impact Grants, which distributed \$18,000 in grants last year.

"Our ultimate mission is to help meet the emergency social services needs of our community, including housing, utilities, medical care and food security," remarked Ms. Brickett. "Beginning with the 2022 grant cycle, we were pleased to redefine "community" as all of Washtenaw County, ensuring that more people can benefit from our support."



The Ann Arbor Thrift Shop has given more than \$1.5 million to the Ann Arbor community in the past five years.

As a grant recipient in the past two funding cycles, CSSW is grateful for the Ann Arbor Thrift Shop's support. "When we receive a call from a frantic mother whose electricity is being shut off, we can help, thanks to our grant support from the AATS," shared Liz Borener, Senior Clinical Operations Director. "As one of 17 agencies that received funding this year, we know that the AATS

volunteers are making an enormous impact in our community and we appreciate their dedication and commitment.

In addition to emergency funding for utilities, CSSW is able to utilize grant funding to provide security deposits to acquire housing, most commonly for behavioral health clients in need of assistance.

"I like the wide range of services CSSW provides in behavioral health, family and children's services and senior services and we are pleased to offer our financial support," said Ms. Brickett. "I also appreciate the Agency's connections with other organizations that allow them to link people in need to resources that they don't provide. These synergistic relationships help non-profits work together to meet people's needs."

The Ann Arbor Thrift Shop is located at 3500 Washtenaw Avenue, Suite K.
For more information, visit www.annarborthriftshop.org.

ON THE HORIZON

For more than 64 years, our donors and community have known CSSW and the many ways we have worked together with great care to meet the needs of the least of us. And for some time, the Board of Directors has been reflecting on how we continue to serve our neighbors *and* benefit from an identity that aligns with other Catholic agencies.

When it is finalized, we will share details of our name change that the Board views as both positive and advantageous for the Agency. Thanks to your generosity and partnership, we will always be who we are today! Please stay tuned for more information in the coming months.

Peg Bravo, President and CEO Jay Hughes, Board Chair Volunteer Spotlight: Sally Guindi | Continued from page 3.

In her professional life, Ms. Guindi was fortunate to have wonderful experiences and mentors, all of which enabled her to develop important leadership skills; she looks forward to bringing these to bear in her role as a member of the CSSW Board. Throughout her career it remained critical for her to serve organizations whose missions aligned with her values and she is thrilled to be able to continue in this manner to support the CSSW mission.

The needs in our community are enormous.

Ms. Guindi obtained her bachelor's degree from Albion College in 1975 and her law degree from Wake Forest University in 1984; she is a member of the State Bar of Michigan.

Sally and her husband Nate Branch have called Ann Arbor home for many years and they have 3 adult children, 2 sons and I daughter. And, we're over the moon to have her onboard!

WHERE NEEDED MOST

When determining how to apply donations that are given to use 'where needed most' we base decisions on programs that have gaps in coverage to meet the needs

of clients. For example, we may allocate funding to the Food Pantry if additional resources are needed to distribute enough food each week. This is how we put our vision into action: "Creating better everyday life for all people we serve."

Laura Regan,
Finance Director
Catholic Social Services of
Washtenaw County



Laura Regan CSSW Finance Director

Family/Children | 52%

- Adoption
- Foster Care
- Food Pantry
- Pregnancy Counseling and Case Management
- Washtenaw Child Advocacy Center

Behavioral Health Services | 33%

- Counseling
- Domestic Violence Intervention
- Marriage Preparation
- Offender Success
- Substance Abuse

Senior Services | 15%

- Senior Resource Guide
- Resource Advocacy
- Home Maintenance and Safety Services
- RSVP (Senior Volunteers)
- Volunteer Caregiver Respite (VCR)
- Medicare/Medicaid Assistance

2023 EVENT PHOTOS

Now in its third year, donors and guests enjoyed a lovely Sunday brunch at beautiful Travis Pointe Country Club in support of CSSW. Thank you!



Judy and Richard Eisner kicked off "Pause for a Pledge" that raised \$15,000 for CSSW programs.



Jim Brandstatter and Robbie Timmons are joined by CSSW President and CEO Peg Bravo.



Guests Dr. Alan Dumont and Ms. Joy Jilek with CSSW Parish Outreach Coordinator Cheryl Ankenbauer.



Stephanie Nishioka and Underwriting Sponsor and Board Member Linda Edwards-Brown.



Dr. Kim Eagle and Darlene Eagle enjoying their eighth "... For A Cause" event for CSSW.

Gold Sponsors Jay and Diane Hughes. Jay serves a Chair of CSSW's Board of Directors.

Guests Carl and Charlene Herstein take a moment for a photo.



Honorary Co-Chairs Chris and Herb Black with Emcees Jim Brandstatter and Dr. Kim Eagle (from left)

Brunching Wy 2023



Silver Sponsors Margot DeVine-Mumby and Alan Mumby make BFAC a regular fall function.



Event Sponsors and past Board Members Judy Johns and Dottie Farhat (I-r) – a dynamic duo!

OUR 2023 DONORS

The following list includes donor gifts and pledges of \$100 and more in 2023

\$25,000 - \$50,000

Ann Arbor Area Community Foundation Community Foundation for SE Michigan Mr. and Mrs. Richard Sarns

\$10,000 - \$24,999

Ann Arbor Thrift Shop Mr. and Mrs. James L. Hughes
Food Gatherers J. Ferrantino Charitable Foundation

Herrick Foundation Mr. and Mrs. Timothy J. Patton

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WE APPRECIATE YOU!

\$100 - \$499

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Mr. and Mrs. Bill Winsten YORK Food and Drink Ms. Rose Ann Yurko Mr. and Mrs. Nathan A. Zill

You have not lived today until you have done something for someone who can never repay you. John Bunyan

PARISH PARTNERS

St. Thomas the Apostle Catholic Church

For nearly three decades, parishioners from St. Thomas the Apostle Catholic Church have made supporting Catholic Social Services of Washtenaw (CSSW) a regular practice. Families and individuals served through the Agency's Food Pantry benefit from parishioners' generous weekly donations of groceries. Church members have also been long-time supporters of CSSW's Giving Tree program, a holiday effort that provides CSSW with gift cards for children and families at Christmas.

"At this time of year especially, we are acutely aware that so many people in our community are struggling," said Dan Kielczewski. "Thankfully, our Giving Tree donations to CSSW allows us to make Christmas a bit brighter for children of all ages during this blessed season."

Parish leaders, including Chris Russ,
Linda Schneider, and Kathryn Muise, visited
the CSSW office this summer to meet
staff and learn more about the programs
we provide. They also toured
our Washtenaw Child Advocacy Center
in Ypsilanti, hearing first-hand about this program aimed at
helping children move through and heal from sexual abuse.

This year, St. Thomas launched an ambitious initiative to reach out into the community in even more comprehensive ways. To set this initiative in motion, Fr. Bill Ashbaugh, Pastor at St. Thomas the Apostle, asked his parishioners to increase their relationship with CSSW by joining in efforts to serve the "least of us" in the community. Their response was remarkable!

Space in the weekly church bulletin allows CSSW the opportunity to educate parishioners about the life-changing services the Agency provides, recruit volunteers, and seek support to meet the needs the those we serve. In just a few months, the response from parishioners has been remarkable!

Here are just a few examples of ways they have supported CSSW and the community:

- Adults volunteered for the Volunteer Caregiver Respite program.
- A Young Adult Ministry transformed the home of a local senior through our Homes Services Program, and provided school supplies and snacks for children in Foster Care.
 - The Knights of Columbus and parish leaders invited CSSW staff to the parish picnic, creating an opportunity for church members to learn more about CSSW.
 - The Respect Life Ministry invited our Adoption Program staff to share information and current needs at a special adoption event.
 - One family has regularly volunteered for years at the Food Pantry.

The work of CSSW extends far beyond the walls of our building on Packard Street and our workforce includes far more people than those on our payroll. We appreciate the parishioners of St. Thomas the Apostle Catholic Church for helping make our calling, their calling.

We are so grateful for their partnership and look forward to a year full of serving our community together.

Learn more about St. Thomas at www.sta2.org/church.

WITH CHANGE COMES OPPORTUNITY

BHS and Family and Children Programs Introduces New Leader

So much has changed since Liz Borener joined the staff of CSSW in 2021. As Senior Clinical Operations Director of Behavioral Health Services and Family and Children programs, Liz is retiring from her position on April 30th.

"Liz is an exceptional, visionary leader who cares deeply about our staff and the most vulnerable people in our community, and I am grateful for her years of insightful contributions in all areas within the agency. Liz brought over 40 years of expertise in Behavioral Health and Family and Children Services and has served as an impactful mentor and coach to so many of us" remarked Peg Bravo, CSSW President and CEO. "And, while Liz is retiring from her current role, she has graciously agreed to assist in the transition of our new Director of BHS and Family and Children programs."

Welcome Rebecca Furru, DSW, LMSW, who joined the CSSW staff in early January. Rebecca has her Doctor of Social Work from the University of Southern California, a Master of Social Work from Temple University, and her Bachelor of Social Work from Elizabethtown College. Rebecca comes to CSSW with more than a decade of working across the healthcare continuum, providing direct care services to patients and families.



Rebecca Furru Director of BHS and Family & Children Programs

Rebecca has extensive training in psychotherapy, motivational interviewing, and trauma-focused cognitive behavioral therapy, and has numerous years of experience counseling individuals and families experiencing loss and grief, trauma, and secondary trauma. She has a special interest in continuing to build CSSW's programming to meet the needs of the population we serve.

Two years ago, Rebecca moved to Michigan from Ohio for a position in Ypsilanti, where she built upon her skills as both a social worker and a therapist. In Ohio, Rebecca worked in the specialty area of outpatient rehabilitation, focusing on clients who experienced spinal cord and traumatic brain injuries. She also spent several years volunteering for the Arthritis Foundation.

"In just a short time, I've learned so much about CSSW and the people we serve. And I've learned about the important role our donors and volunteers play in meeting the needs of the community," explained Rebecca. "Giving of their resources and time is so meaningful and necessary, and I look forward to meeting many of them in the coming months."

Rebecca lives in Ypsilanti with her widowed mother and "demon" dog Zoe, a 10-year-old Labradoodle. In her spare time, she continues developing her photography skills, a passion she's maintained since childhood.

"I am delighted to have Rebecca joining our team," said Peg. "And I know that our BHS and Family and Children programs will continue to be in good hands."

Welcome, Rebecca.

THE MISSION OF

CATHOLIC SOCIAL SERVICES OF WASHTENAW COUNTY
IS THE WORK OF THE CATHOLIC CHURCH;
TO SHARE THE LOVE AND PRESENCE OF CHRIST
IN OUR COMMUNITY THROUGH ACTS OF COMPASSION
AND MERCY IN A MANNER THAT RESPECTS THE
INHERENT DIGNITY OF EVERY PERSON.

Catholic Social Services of Washtenaw County 4925 Packard Street Ann Arbor, MI 48108-1521



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12 MONTHS OF GIVING

The generosity of our parishes isn't experienced only during the holidays. CSSW clients benefit throughout the year with contributions that include:

- Food and hygiene items for our Food Pantry including expensive and hard-to-get items such as cereal, protein drinks, toiletries, and toilet paper.
- Diapers, wipes, and formula for our Pregnancy Case Management program.
- Winter Coats for children in Foster Care and for the adults in the Offender Success program
- Backpacks and school supplies for children in Foster Care.
- And much more ...

We are so grateful for the partnership we enjoy with parishes and community agencies and it is through their sacrifice that CSSW is able to serve more people in need.

AMAZON WISHLIST

Purchase items that will go directly to our clients. Just scan this QR code with your phone's camera, and start shopping!



DONATE

Scan this QR code with your phone's camera to make a financial gift to CSSW. Thank you for your support!



Please contact us at (734) 971-9781 ext. 385 if you wish to have your name removed from our list used for fundraising purposes.