1. ADULT DAY SERVICES
Huron Valley PACE ..................................................734-572-5777
Memory Support Center at Brecon Village ..............734-429-1155
Silver Club (U-M Turner Resource Center) ...............734-998-9352

2. CAREGIVER SERVICES
Area Agency on Aging 1-B Caregiver Coaching ..........800-852-7795
Ahead of the Curve Caregiver Training .................getheadwashtenaw.org
Caregiver Support Group - JFS ..................................................734-769-0209
Caring Together/Area Agency on Aging 1-B ..............844-734-CARES
Silver Club Caregiver Programs ..........................734-998-9349
Washtenaw Integrated Senior Experience (WISE) (JFS) ..734-769-0209

3. CARE MANAGEMENT/CARE COORDINATION
Area Agency on Aging 1-B ..............................................800-852-7795
Jewish Family Services (JFS) .............................................734-769-0209

4. HOME MAINTENANCE/REPAIR/Safety
CSSW Behavioral Health Services ..........................800-328-6261
alt. number .................................................................734-593-2521
Habitat for Humanity Critical Repair Program ...............734-800-4220
OCED Home Weatherization Program .......................734-544-3008
WC Dept. of Health and Human Services (DHHS) ..........734-481-2000

5. COUNSELING/MENTAL HEALTH SERVICES
CSSW Behavioral Health Services ..........................800-328-6261
alt. number .................................................................734-593-2521
Thrive Counseling/Jewish Family Services (JFS) ..........734-769-0209
U-M Psychiatric Emergency Services 24-hr Crisis Ctr ........734-936-5900
WC Community Mental Health ..................................734-544-3008

6. EDUCATION
American Association of Retired Persons (MI Office) ...666-227-7448
Community Enrichment (WC) .........................................734-667-5060
Emeritus Scholarship Program (WCC) ......................734-973-3543
Elderservice .................................................................734-360-6911
Older Literacy Learning Institute (OLLI) ....................734-973-9551
Washtenaw Literacy ........................................................734-337-3338

7. ELDER ABUSE/DOMESTIC VIOLENCE
Michigan Elder Abuse Hotline ..............(toll-free) 855-444-3911
CSSW Alternatives to Domestic Aggression ...............734-791-9781
CSSW Senior Services Resource Advocacy .................734-791-9781
SafeHouse Ctr (Domestic Violence/Sexual Assault) ........734-999-5444

8. EMERGENCY SERVICES (Food, Shelter, Utilities, Crisis)
American Red Cross ....................................................734-971-5300
Community Resource Center (Manchester) ..............734-428-7722
Crisis, Access, Resources, Engagement and Support (CARES) ..................................................734-504-3350
CSSW Food Pantry .......................................................734-662-4462
Faith In Action (Dexter & Chelsea School Districts) ....734-475-3305
Friends in Need ...............................................................734-484-4357
Hope Clinic .................................................................734-481-0111
House by the Side of the Road (JFS) ......................736-769-1959
Housing Access for Washtenaw County (HAWC) ........734-961-1999
JFS Food Pantry & Clothing Programs .......................734-769-0209
National Suicide Prevention Lifeline .........................800-273-8255
Northfield Human Services ...........................................734-449-0110
Saline Area Social Services ...........................................734-429-4570
Salvation Army Family Store & Donation Center ........734-332-3948
Salvation Army Ann Arbor ..........................................734-668-8535
Salvation Army Ypsilanti ...............................................734-482-4700
Shelter Association of Washtenaw County .................734-961-1999
S.O.S. Community Crisis Center (Food) .......................734-484-9945
State Emergency Relief Program ...............................734-481-2000
U-M Psychiatric Emergency Services 24-hr Crisis Ctr ..734-936-5900
WC Dept. of Health and Human Services .................734-481-2000

9. FOOD PANTRIES/GROCERIES
Housing Bureau for Seniors ........................................734-998-9339
Mid Michigan Food Bank .............................................734-971-9781
MSCU Extension Housing Counselors ......................734-222-9595
Washtenaw County Treasurer (tax foreclosure) ..............734-222-6600

10. FORECLOSURE INTERVENTION
Housing Bureau for Seniors ........................................734-998-9339
MSCU Extension Housing Counselors ......................734-222-9595

11. GRANDPARENTS HELP & INFORMATION
CSSW Grandparents As Parents ................................734-971-9781
MSU Kinship Care Resource Center .........................800-535-1218
OCED Foster Grandparent Program .........................734-544-3040

12. HEARING & SPEECH IMPAIRMENT
Deaf & Hearing-Impaired Services .........................248-473-1888
Deaf Earl Clinic/Michigan Medicine .........................734-426-2796
EMU Speech and Hearing Clinic ..............................734-487-1414
Lions Hearing Center of Michigan .........................517-887-6640

13. HOME HEALTH CARE
EHM Senior Solutions (Shared Services) .................734-222-4037
Heartland Home Health Care ..................................877-329-1001
Partners in Personal Assistance .........................734-214-3890
St. Joseph Mercy (Chelsea) .........................................734-593-6000
St. Joseph Mercy Home Care and Hospice ...............855-539-7178
(Also see listings in Yellow Pages under "Nurses" or "Home Health")

14. HOSPICE
Arbor Hospice ...........................................................734-662-5999
Hospice of Michigan ..............................................888-247-5701
St. Joseph Mercy Home Care and Hospice ...............888-539-7178

15. HOUSING INFORMATION
Ann Arbor Housing Commission .............................734-794-6720
Housing Access for Washtenaw County (HAWC) ........734-961-1999
Housing Bureau for Seniors ......................................734-998-9339
Ypsilanti Housing Commission ...............................734-482-4300

16. INCOME, REFERRAL & RESOURCE ADVOCACY
Area Agency on Aging 1-B ..............................................800-852-7795
CSSW Senior Services Resource Advocacy .................734-971-9781
Eldercare .................................................................800-677-1116
Jewish Family Services (JFS) .........................................734-769-0209
U-M Turner Senior Resource Center .........................734-998-9353
United Way of Washtenaw County .........................211 (from landline) alt. number: 734-971-8200 (from cell)

17. LEGAL SERVICES
Dispute Resolution Center .......................................734-794-2125
Legal Resource Center at EMU ........................................734-994-0160
Legal Services of South Central Michigan ..........734-665-6181
Michigan Advocacy Program Elder Justice Initiative ....734-665-6181
Washtenaw Bar Association Lawyer Referral ..........734-996-3229

18. MEALS
Group Meal Sites ..................................................see "Senior Centers" list
WC Meals on Wheels and Senior Café Program ............734-544-2977

Home-Delivered Meals
Ann Arbor Meals on Wheels ..................................734-998-6686
Chelsea/Manchester ...............................................734-475-9242
Dexter .................................................................734-426-7737
Milan Seniors for Healthy Living ...........................734-508-6229
Saline .................................................................734-429-9274
(Meals continued on next page)
18. MEALS – Home-Delivered Meals (continued)
Ypsilanti Meals on Wheels ...........................................734-487-9669
The Washtenaw County Office of Community
and Economic Development (OCED) .........................734-544-2977
Curbside Meal Pickup
Hope Clinic………………………………………………………734-484-2989
Pittsfield Senior Center………………………………………..734-822-2117
19. MEDICAL SERVICES
Community Dental Center…………………………………734-998-9640
Hope Dental Clinic…………………………………………....734-480-9575
University of Michigan School of Dentistry ..................734-998-9640
Geriatric Health Assessment
IHA & Internal Medicine………………………………………734-712-5189
U-M Turner Geriatric Clinic…………………………………..734-765-9424
Washtenaw County Health Department……………………734-528-5700
Hope Medical Clinic……………………………………………734-481-0111
Health Services
Huron Valley PACE ……………………………………………734-572-5777
IHA Reichert Internal Medicine at Towsley …………………734-712-1300
JFS Partners in Care Medical Accompaniment……………734-769-0209
“Lifeline” (Medical Alert System)……………………………..855-681-5351
Medical Loan Closet (Emmanuel Lutheran Church)……734-482-7121
Neighborhood Family Health Center
(St. Joseph Mercy)…………………………………………….734-547-7977
St. Joseph Mercy Chelsea…………………………………….734-971-1073
Saline Community Hospital (St. Joseph Mercy)…………..734-712-0020
U-M Turner Geriatric Clinic……………………………………734-764-6831
Veteran Affairs A2 Healthcare System (V.A)………………734-769-7100
Prescription Assistance
AZY Rx Card …………………………………………………734-665-4433
Michigan Prescription Drug Discount Card (MIrx)……….866-755-6479
(Press 2, then 1)
20. MEDICARE/MEDICAID HELP & INFORMATION
CSSW MMAP (Medicare/Medicaid Assistance Program)……734-971-9781
Michigan Medicaid Beneficiary Helpline…………………..734-642-3195
Washtenaw County DHHS……………………………………734-481-2000
Washtenaw Health Plan…………………………………………734-504-3300
21. NURSING HOMES & INFORMATION
Chelsea Retirement Community……………………………734-433-1000
Heartland Health Care Center………………………………734-975-2600
Housing Bureau for Seniors…………………………………..734-998-9339
Michigan Department of Community Health
Computer Intake Unit………………………………………..800-882-6006
Michigan Long-Term Care Ombudsman…………………..866-485-9393
Evangelical Homes (Saline)……………………………………734-429-9401
Gilbert Residence………………………………………………734-482-9498
Glacier Hills Care & Rehabilitation Center………………….734-769-6410
United Senior Retirement Communities………………………734-430-7737
22. PHYSICAL FITNESS
(See also your local Senior Center)
Ann Arbor YMCA ……………………………………………734-996-9622
Chelsea Wellness Center………………………………………734-214-0220
Dexter Wellness Center………………………………………..734-380-2500
Saline Recreation Center……………………………………….734-429-3502
St. Joseph Mercy Health & Wellness…………………………734-712-5800
U-M Turner Senior Resource Center…………………………734-998-9535
Washtenaw Community College
Health & Fitness Center……………………………………….734-975-9950
Washtenaw County Parks and Recreation……………………734-971-6337
23. RESPIRE CARE
Area Agency on Aging 1-B (AAA 1-B)………………………800-852-7797
Brenton Village……………………………………………….734-429-1155
Brookdale Ann Arbor…………………………………………734-219-3021
CSSW Volunteer Caregiver Program………………………734-971-9781
JFS ……………………………………………………………734-769-0209
Michigan Choice Program ………………………………………734-213-7700
Silver Maples of Chelsea………………………………………..734-475-4111
24. SENIOR CENTERS
For complete senior center info see website: getaheadwashtenaw.org
Ann Arbor Senior Center……………………………………..734-794-6250
Chelsea Senior Center…………………………………………734-475-9242
Dexter Senior Center……………………………………………734-385-6308
Jewish Community Center…………………………………..734-971-0990
Lincoln Golden Ages………………………………………………734-483-8366
Milan Seniors for Healthy Living…………………………….734-508-6229
Northfield Township Community/Senior Center……………734-449-2295
Pittsfield Township Senior Center………………………………734-822-2117
Saline Area Senior Center……………………………………….734-429-0747
U-M Turner Senior Wellness Program…………………………734-998-9353
Well Connected/Senior Center Without Walls………………877-797-7299
Ypsilanti Senior Center…………………………………………734-483-5014
Ypsilanti Township 50 & Beyond Program…………………..734-544-3836
25. SENIOR SUBSTANCE ABUSE
Alcoholics Anonymous………………………………………734-482-5700
Chelsea Behavioral Health Services…………………………800-328-6261
CSSW Behavioral Health Services…………………………734-971-9781
Dawn Farm (Spera)…………………………………………….734-669-8265
Home of New Vision…………………………………………734-975-1602
St. Joe’s Older Adult Recovery Center……………………….734-593-5251
26. SOCIAL SECURITY ADMINISTRATION
Social Security Administration: National Office……………700-772-1213
27. SUPPORT GROUPS
Al-Anon ………………………………………………………….734-995-4949
Alzheimer’s Association 24/7 Helpline…………………...800-272-3900
Arbor Hospice Grief Recovery………………………………734-662-5999
Arthritis Foundation (Michigan)……………………………734-498-2891
CSSW GAP (Grandparents as Parents) …………………….734-971-9781
National Parkinson’s Foundation…………………………..734-473-4636
St. Joseph Mercy Health System
Heart and Vascular Institute……………………………………734-712-8205
Hospice Grief Recovery……………………………………….888-559-7178
Stroke……………………………………………………………734-712-2830
U-M Turner Geriatric Clinic:
Caring for Aging Relatives, Caring for Your Mate, Diabetes, Liver, Lung, Staying Smoke Free………………734-764-6831
For additional support groups visit getaheadwashtenaw.org
28. TAX ASSISTANCE
American Association of Retired Persons (MI Office)……866-227-7448
Housing Bureau for Seniors…………………………………..734-998-9339
St. Francis of Assisi Catholic Church…………………………734-821-2100
U-M Law School Low Income Tax Clinic…………………..734-936-3635
United Way Tax Clinic (Multiple locations available)………734-677-7235
29. TRANSPORTATION
AARP Ride @50+……………………………………………….844-900-4892
Ann Arbor Transportation Authority (Info Line)…………734-973-6500
HVA Mobility Transportation (Wheelchair Vans)………..734-477-6404
Night and Holiday Ride………………………………………..734-528-5432
People’s Express………………………………………………..877-214-6070
The WAVE (Western Washtenaw Area Value Express)……734-475-9494
30. VETERANS
Michigan Ability Partners……………………………………734-975-6880
Michigan Family Assistance Center…………………………517-481-9889
Michigan Veterans Affairs Agency…………………………1-800-642-4838
OLHSA Housing………………………………………………734-546-8500
United Way Tax Clinic (Multiple locations available)………734-677-7235
31. VISION IMPAIRMENT
Greater Detroit Agency for the Blind
and Visually Impaired………………………………………..313-272-3900
Kellogg Eye Center (U-M)……………………………………….734-764-4190
Michigan Bureau of Services for Blind Persons…………….1-313-456-1646
The Visually Impaired Information Center………………….734-421-6599
Washenawan Health Library for the Blind and Print Disabled………………734-327-4200
32. VOLUNTEER OPPORTUNITIES
CSSW RSVP (Retired & Senior Volunteer Program)………734-971-9781
Hospice of Michigan Volunteer Program……………………888-247-5701
United Way of Washtenaw County…………………………734-971-8200
33. WEBSITES
Remember your librarian can help with websites.
AARP …………………………………………………………734-429-0083
American Association of Retired Persons (MI Office)……866-227-7448
Washtenaw County Area Agency on Aging……………………734-998-9339
Washtenaw County Clerk……………………………………734-998-9339
Washtenaw Health Plan…………………………………………734-769-7100
Washtenaw County Veterans Affair…………………………734-973-4540
Washtenaw Library for the Blind and Print Disabled………………734-327-4200
Michigan Older Adults ………………………………………..getsetup.io/partner/Michigan
Senior Planet………………..seniorplanet.org
Low-Cost Medical Equipment………………………………Michiganloanclosets.us/washtenaw