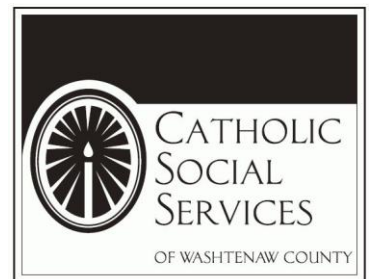


2018 Senior Resource Directory for Washtenaw County

Call Catholic Social Services of Washtenaw County (CSSW) at 734-712-7774
or visit us at www.csswashtenaw.org/seniors



1. ADULT DAY SERVICES

CSSW The Oaks-Ann Arbor..... 734-662-4001
Memory Support Center at Brecon Village..... 734-295-9811
Silver Club (UM Turner Resource Center)..... 734-998-9352

2. CARE MANAGEMENT/CARE COORDINATION

Area Agency on Aging 1-B..... 800-852-7795
Jewish Family Services (JFS)..... 734-769-0209

3. HOME MAINTENANCE/REPAIR/SAFETY

CSSW/NSS Home Maintenance/Repair/Home Safety..... 734-712-7774
OCED Home Weatherization Program..... 734-544-3008
WC Dept. of Health and Human Services (DHHS)..... 734-481-2000

4. COUNSELING/MENTAL HEALTH SERVICES

CSSW Behavioral Health Services..... 734-926-0155
Chelsea Behavioral Health Services..... 800-328-6261
Or..... 734-593-5251
WC Community Mental Health..... 734-544-3050
Jewish Family Services (JFS)..... 734-769-0209
UM Psychiatric Emergency Services 24-hr Crisis Center 734-996-4747

5. EDUCATION

American Association of Retired Persons (MI Office).... 866-227-7448
Elderquest at EMU..... 734-487-4096
Osher Lifelong Learning Institute at UM..... 734-998-9351
Washtenaw Literacy..... 734-879-1320
WCC Economic and Community Development..... 734-677-5060

6. ELDER ABUSE/DOMESTIC VIOLENCE

Adult Protective Services (Elder Abuse) toll-free..... 855-444-3911
CSSW Senior Services Resource Advocacy..... 734-712-7774
SafeHouse Ctr (Domestic Violence/Sexual Assault)..... 734-995-5444
CSSW ADA (Alternatives to Domestic Aggression)..... 734-926-0159

7. EMERGENCY SERVICES (Food, Shelter, Utilities, Crisis)

American Red Cross..... 734-971-5300
Community Resource Center (Manchester)..... 734-428-7722
CSSW Emergency Food Program..... 734-662-4462
Faith in Action (Dexter & Chelsea School Districts)..... 734-475-3305
Friends in Deed..... 734-484-4357
House by the Side of the Road..... 734-769-4085
JFS Food Pantry & Clothing Programs..... 734-769-0209
Northfield Human Services..... 734-449-0110
Saline Area Social Services..... 734-429-4570
Salvation Army Ann Arbor..... 734-332-3474
Salvation Army Ypsilanti..... 734-482-4700
Shelter Association of Washtenaw County..... 734-662-2829
S.O.S. Community Crisis Center (food)..... 734-484-9945
UM Psychiatric Emergency Services 24-hr Crisis Center 734-996-4747
WC Dept. of Health and Human Services (DHHS)..... 734-481-2000

8. FORECLOSURE INTERVENTION

Housing Bureau for Seniors..... 734-998-9339
MSU Extension Housing Counselors..... 734-222-9595
Washtenaw County Treasurer (tax foreclosure)..... 734-222-6600

9. GRANDPARENTS HELP & INFORMATION

CSSW Grandparents As Parents..... 734-712-7774

10. HEARING & SPEECH IMPAIRMENT

Deaf & Hearing Impaired Services..... 248-473-1888
EMU College of Education Clinical Suite..... 734-487-4410
Turner Senior Resource Center..... 734-998-9353

11. Home Health Care

St. Joseph's Mercy (Chelsea)..... 734-593-5780
EHM Senior Solutions (Shared Services)..... 734-222-4037
Caring Partners Home Health..... 734-769-5758
(Also see listings in Yellow Pages under "Nurses" or "Home Health")

12. Hospice

Arbor Hospice..... 734-662-5999
Hospice of Michigan..... 888-247-5701
St. Joseph Mercy Hospice..... 888-418-5572

13. HOUSING INFORMATION

Ann Arbor Housing Commission..... 734-794-6720
Housing Access for Washtenaw County..... 734-961-1999
Housing Bureau for Seniors..... 734-998-9339
Ypsilanti Housing Commission..... 734-482-4300

Independent, Assisted Living & Alzheimer's Residences

Brecon Village..... 734-429-1155
Chelsea Retirement Communities..... 734-433-1000
Evangelical Home (Saline)..... 734-429-9401
Gilbert Residence..... 734-482-9498
Glacier Hills..... 734-769-6410
Huron Woods..... 734-712-5600
Sanctuary at St. Joseph's Village..... 734-712-1600
Silver Maples of Chelsea..... 734-475-4111
Superior Woods Healthcare Center..... 734-547-7600
University Living..... 734-669-3030

Apartments - Subsidized or Affordable

Baker Commons.. 734-994-8249	Carpenter Place....734-973-8377
Chidester Place.... 734-487-9400	Clark East Tower.. 734-482-5511
Courthouse Sq..... 734-995-5511	Cranbrook Tower..734-668-8914
Cross St. Village... 734-483-8300	Lexington Club..... 734-572-9000
Lurie Terrace..... 734-665-0695	Mill Pond Manor... 734-429-3838
Miller Manor..... 734-794-6720	Parkway Mdws.... 734-662-5055
Sequoia Place..... 734-669-8840	Towne Centre..... 734-482-5500
Walls Manor..... 734-484-3820	

14. INFORMATION, REFERRAL & RESOURCE ADVOCACY

Area Agency on Aging 1-B..... 800-852-7795
Center for Independent Living..... 734-971-0277
CSSW Senior Services Resource Advocacy..... 734-712-7774
Eldercare..... 800-677-1116
Jewish Family Services (JFS)..... 734-769-0209
UM Turner Senior Resource Center..... 734-998-9353
United Way of Washtenaw County..... 211 (from landline)
Or..... 800-552-1183(from cell)

15. LEGAL SERVICES

Legal Hotline for Mich. Seniors (phone advice)..... 800-347-5297
Legal Services of South Central Michigan..... 734-665-6181
Washtenaw Bar Association Lawyer Referral (fee)..... 734-996-3229

16. MEALS

Group Meal Sites..... see "Senior Centers" list
WC Meals on Wheels and Senior Café Programs..... 734-544-2977

Home-Delivered Meals

Milan Seniors for Healthy Living.....	734-508-6229
Ann Arbor Meals on Wheels.....	734-998-6686
Chelsea/Manchester.....	734-475-9242
Dexter.....	734-426-7737
Saline.....	734-429-9274
Ypsilanti Meals on Wheels.....	734-487-9669
Other.....	734-544-2977

17. MEDICAL SERVICES

Community Dental Center.....	734-998-9640
Hope Dental Clinic.....	734-480-9575
University of Michigan School of Dentistry.....	734-763-6933

Geriatric Health Assessment

IHA & Internal Medicine.....	734-712-5189
UM Turner Geriatric Clinic.....	734-764-6831
Washtenaw Geriatrics.....	734-528-5700

(Medical Services continued on next page)



The Blueprint for Aging works to increase and maintain factors that promote independent living for older adults in Washtenaw County
734-926-4655
www.blueprintforaging.org



OFFICE OF COMMUNITY & ECONOMIC DEVELOPMENT

Collaborative solutions for a promising future

www.ewashtenaw.org/oced

Printing Services contributed by OCED Sponsor of the WC Meals on Wheels and Senior Café Programs and Foster Grandparent Program

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or visit us at www.csswashtenaw.org/seniors

17. MEDICAL SERVICES (continued)

Health Services

Chelsea Community Hospital (St. Joseph Mercy).....	734-593-6000
EMS Life Link (Medical Alert System).....	734-477-6453
Hope Medical Clinic.....	734-481-0111
IHA Reichert Internal Medicine at Towsley.....	734-712-5189
JFS Partners in Care Medical Accompaniment.....	734-769-0209
"Lifeline" (Medical Alert System).....	800-380-3111
Medical Loan Closet (Emmanuel Lutheran Church).....	734-482-7121
Neighborhood Family Health Center (St. Joseph Mercy)...	734-547-7977
Packard Health.....	734-971-1073
Saline Community Hospital (St. Joseph Mercy).....	734-712-0020
UM Turner Geriatric Clinic.....	734-764-6831
Veteran Affairs A2 Healthcare System (V.A.).....	734-769-7100
Washtenaw County Health Department.....	734-544-6700
Huron Valley Pace.....	734-572-5777

Prescription Assistance

CSSW MMAP (Medicare/Medicaid Assistance Program).....	734-712-7774
Medicare/Medicaid information.....	800-803-7174
Washtenaw County Prescription Plan.....	734-544-6886

18. MEDICARE/MEDICAID HELP & INFORMATION

CSSW MMAP (Medicare/Medicaid Assistance Program).....	734-712-7774
Medicare.....	800-633-4227
Medicare/Medicaid information.....	800-803-7174
Medicaid Beneficiary Helpline.....	800-642-3195
Michigan Peer Review Organization (MPRO).....	248-465-7300
Washtenaw County DHHS.....	734-481-2000

19. NURSING HOMES & INFORMATION

Housing Bureau for Seniors.....	734-998-9339
Michigan Department of Community Health Complaint Intake Unit.....	800-882-6006
Michigan Long-Term Care Ombudsman.....	866-485-9393
Chelsea Retirement Community.....	734-433-1000
Evangelical Homes (Saline).....	734-429-9401
Gilbert Residence.....	734-482-9498
Glacier Hills Care & Rehabilitation Center.....	734-929-6922

20. PHYSICAL FITNESS (See also your local Senior Center)

Ann Arbor YMCA.....	734-996-9622
Chelsea Wellness Center.....	734-214-0220
Saline Recreation Center.....	734-429-3502
St. Joseph Mercy Health-Ellen Thompson Health Center...	734-712-5800
UM Turner Senior Resource Center.....	734-998-9353
Washtenaw Community College Fitness Center.....	734-975-9950
Washtenaw County Parks and Recreation.....	734-971-6337

21. RESPITE CARE

Arbor Care, Inc.....	734-975-6608
Area Agency on Aging 1-B (AAA 1-B).....	800-852-7795
Brecon Village.....	734-429-1155
Brookdale Ann Arbor.....	734-327-1350
CSSW Interfaith Volunteer Caregiver Program.....	734-712-5730
Huron Woods.....	734-712-5600
Silver Maples of Chelsea.....	734-475-4111
Superior Woods Healthcare Center.....	734-547-7600

22. SENIOR CENTERS For complete senior center info see website: BlueprintForAging.org/washtenaw-county-senior-centers

A2 Community Ctr.....	734-662-3128	A2 Sr Center.....	734-794-6250
Chelsea.....	734-475-9242	Dexter.....	734-426-7737
Jewish Community....	734-971-0990	Lincoln.....	734-483-8366
Milan.....	734-508-6229	Northfield Twp.....	734-449-2295
Pittsfield.....	734-822-2117	Saline.....	734-429-9274
UM Turner Sr. Res.....	734-998-9353	Ypsilanti (City).....	734-483-5014
Ypsi.Twp 50 Beyond...	734-544-3838		

23. SENIOR SUBSTANCE ABUSE

Alcoholics Anonymous.....	734-482-5700
Chelsea Behavioral Health Services.....	800-328-6261
CSSW Senior Services Resource Advocacy.....	734-712-7774
Dawn Farm (Spera).....	734-669-8265
Home of New Vision.....	734-975-1602
Older Adult Recovery Center.....	734-593-5251

24. SOCIAL SECURITY ADMINISTRATION

Social Security Administration: National Office.....	800-772-1213
Social Security Administration: Ann Arbor Office.....	877-479-9625

25. SUPPORT GROUPS

Al-Anon.....	734-995-4949
Alzheimer's Association.....	800-272-3900
Arbor Hospice Grief Recovery.....	734-662-5999
Arthritis Foundation (Michigan).....	248-649-2891
CSSW GAP (Grandparents as Parents).....	734-712-7774
Jewish Family Services (JFS).....	734-769-0209
National Parkinson's Foundation.....	800-473-4636
St. Joseph Mercy Health System	
Heart and Vascular.....	734-712-8205
Hospice Grief Recovery.....	888-418-5572
Stroke.....	734-712-2830
Turner Geriatric Clinic U of M:	
Caring for Aging Relatives, Caring for Your Mate,	
Diabetes, Low Vision, Staying Smoke Free.....	734-764-6831

26. TAX ASSISTANCE

American Association of Retired Persons (MI Office).....	866-227-7448
CSSW Tax Assistance Program.....	734-712-7774
Housing Bureau for Seniors.....	734-998-9339
St. Francis of Assisi Catholic Church.....	734-769-2550
Or.....	734-821-2100
United Way Tax Clinic.....	734-677-7235

27. TRANSPORTATION

Ann Arbor Transportation Authority (Info Line).....	734-973-6500
HVA Mobility Transportation (Wheelchair Vans).....	734-477-6404
Jewish Family Services (JFS).....	734-769-0209
Manchester Senior Citizens.....	734-385-6308
Night Ride and Holiday Ride.....	734-528-5432
People's Express.....	877-214-6073
The WAVE (Western Washtenaw Area Value Express)....	734-475-9494

28. VETERANS

Michigan Ability Partners.....	734-975-6880
Michigan Family Assistance Center.....	517-990-1196
Michigan Veterans Affairs Agency.....	1-800-MICH-VET
OLHSA Housing.....	517-546-8500
Transition Assistance Advisor.....	517-990-1111
Veteran Affairs A2 Healthcare System (V.A.).....	734-769-7100
Washtenaw County Veteran Affairs.....	734-973-4540

29. VISION IMPAIRMENT

Kellogg Eye of Center U of M.....	734-763-8122
Washtenaw Library for the Blind and Physically Disabled at the Ann Arbor District Library.....	734-327-4224

30. VOLUNTEER OPPORTUNITIES

CSSW RSVP (Retired & Senior Volunteer Program).....	734-712-4325
CSSW Senior Services Volunteer Program.....	734-712-4325
Hospice of Michigan Volunteer Program.....	734-769-4524
Jewish Family Services Older Adult Services.....	734-769-0209
OCED Foster Grandparent Program.....	734-544-3040
United Way of Washtenaw County.....	734-677-7234

31. WEBSITES

Remember your librarian can help with websites.

Catholic Social Services of Washtenaw County.....	csswashtenaw.org
Click on "Services for" then "Older Adults".....	ewashtenaw.org
Human Services Resources.....	uwwashtenaw.org
Jewish Family Services (JFS).....	jfsannarbor.org
MI Access to Services for Seniors.....	michigan.gov/miseniors
Non-profit Credit Counseling.....	greenpath.org
U-M Geriatrics Center	med.umich.edu/geriatrics/index.htm
United Way volunteer opportunities.....	volunteerwashtenaw.org
WC Aging Collaboration.....	blueprintforaging.org
Low-Cost Medical Equip.....	http://michiganloan closets.us/washtenaw

