

# 2018 Senior Resource Directory for Washtenaw County

Call Catholic Social Services of Washtenaw County (CSSW) at 734-712-7774  
or visit us at [www.csswashtenaw.org/seniors](http://www.csswashtenaw.org/seniors)



## 1. ADULT DAY SERVICES

CSSW The Oaks-Ann Arbor..... 734-662-4001  
Memory Support Center at Brecon Village..... 734-295-9811  
Silver Club (UM Turner Resource Center)..... 734-998-9352

## 2. CARE MANAGEMENT/CARE COORDINATION

Area Agency on Aging 1-B..... 800-852-7795  
Jewish Family Services (JFS)..... 734-769-0209

## 3. HOME MAINTENANCE/REPAIR/SAFETY

CSSW/NSS Home Maintenance/Repair/Home Safety..... 734-712-7774  
OCED Home Weatherization Program..... 734-544-3008  
WC Dept. of Health and Human Services (DHHS)..... 734-481-2000

## 4. COUNSELING/MENTAL HEALTH SERVICES

CSSW Behavioral Health Services..... 734-926-0155  
Chelsea Behavioral Health Services..... 800-328-6261  
Or..... 734-593-5251  
WC Community Mental Health..... 734-544-3050  
Jewish Family Services (JFS)..... 734-769-0209  
UM Psychiatric Emergency Services 24-hr Crisis Center 734-996-4747

## 5. EDUCATION

American Association of Retired Persons (MI Office).... 866-227-7448  
Elderquest at EMU..... 734-487-4096  
Osher Lifelong Learning Institute at UM..... 734-998-9351  
Washtenaw Literacy..... 734-879-1320  
WCC Economic and Community Development..... 734-677-5060

## 6. ELDER ABUSE/DOMESTIC VIOLENCE

Adult Protective Services (Elder Abuse) toll-free..... 855-444-3911  
CSSW Senior Services Resource Advocacy..... 734-712-7774  
SafeHouse Ctr (Domestic Violence/Sexual Assault)..... 734-995-5444  
CSSW ADA (Alternatives to Domestic Aggression)..... 734-926-0159

## 7. EMERGENCY SERVICES (Food, Shelter, Utilities, Crisis)

American Red Cross..... 734-971-5300  
Community Resource Center (Manchester)..... 734-428-7722  
CSSW Emergency Food Program..... 734-662-4462  
Faith in Action (Dexter & Chelsea School Districts)..... 734-475-3305  
Friends in Deed..... 734-484-4357  
House by the Side of the Road..... 734-769-4085  
JFS Food Pantry & Clothing Programs..... 734-769-0209  
Northfield Human Services..... 734-449-0110  
Saline Area Social Services..... 734-429-4570  
Salvation Army Ann Arbor..... 734-332-3474  
Salvation Army Ypsilanti..... 734-482-4700  
Shelter Association of Washtenaw County..... 734-662-2829  
S.O.S. Community Crisis Center (food)..... 734-484-9945  
UM Psychiatric Emergency Services 24-hr Crisis Center 734-996-4747  
WC Dept. of Health and Human Services (DHHS)..... 734-481-2000

## 8. FORECLOSURE INTERVENTION

Housing Bureau for Seniors..... 734-998-9339  
MSU Extension Housing Counselors..... 734-222-9595  
Washtenaw County Treasurer (tax foreclosure)..... 734-222-6600

## 9. GRANDPARENTS HELP & INFORMATION

CSSW Grandparents As Parents..... 734-712-7774

## 10. HEARING & SPEECH IMPAIRMENT

Deaf & Hearing Impaired Services..... 248-473-1888  
EMU College of Education Clinical Suite..... 734-487-4410  
Turner Senior Resource Center..... 734-998-9353

## 11. Home Health Care

St. Joseph's Mercy (Chelsea)..... 734-593-5780  
EHM Senior Solutions (Shared Services)..... 734-222-4037  
Caring Partners Home Health..... 734-769-5758  
(Also see listings in Yellow Pages under "Nurses" or "Home Health")

## 12. Hospice

Arbor Hospice..... 734-662-5999  
Hospice of Michigan..... 888-247-5701  
St. Joseph Mercy Hospice..... 888-418-5572

## 13. HOUSING INFORMATION

Ann Arbor Housing Commission..... 734-794-6720  
Housing Access for Washtenaw County..... 734-961-1999  
Housing Bureau for Seniors..... 734-998-9339  
Ypsilanti Housing Commission..... 734-482-4300

## Independent, Assisted Living & Alzheimer's Residences

Brecon Village..... 734-429-1155  
Chelsea Retirement Communities..... 734-433-1000  
Evangelical Home (Saline)..... 734-429-9401  
Gilbert Residence..... 734-482-9498  
Glacier Hills..... 734-769-6410  
Huron Woods..... 734-712-5600  
Sanctuary at St. Joseph's Village..... 734-712-1600  
Silver Maples of Chelsea..... 734-475-4111  
Superior Woods Healthcare Center..... 734-547-7600  
University Living..... 734-669-3030

## Apartments - Subsidized or Affordable

Baker Commons.. 734-994-8249	Carpenter Place....734-973-8377
Chidester Place.... 734-487-9400	Clark East Tower.. 734-482-5511
Courthouse Sq..... 734-995-5511	Cranbrook Tower..734-668-8914
Cross St. Village... 734-483-8300	Lexington Club..... 734-572-9000
Lurie Terrace..... 734-665-0695	Mill Pond Manor... 734-429-3838
Miller Manor..... 734-794-6720	Parkway Mdws..... 734-662-5055
Sequoia Place..... 734-669-8840	Towne Centre..... 734-482-5500
Walls Manor..... 734-484-3820	

## 14. INFORMATION, REFERRAL & RESOURCE ADVOCACY

Area Agency on Aging 1-B..... 800-852-7795  
Center for Independent Living..... 734-971-0277  
CSSW Senior Services Resource Advocacy..... 734-712-7774  
Eldercare..... 800-677-1116  
Jewish Family Services (JFS)..... 734-769-0209  
UM Turner Senior Resource Center..... 734-998-9353  
United Way of Washtenaw County..... 211 (from landline)  
Or..... 800-552-1183(from cell)

## 15. LEGAL SERVICES

Legal Hotline for Mich. Seniors (phone advice)..... 800-347-5297  
Legal Services of South Central Michigan..... 734-665-6181  
Washtenaw Bar Association Lawyer Referral (fee)..... 734-996-3229

## 16. MEALS

Group Meal Sites..... see "Senior Centers" list  
WC Meals on Wheels and Senior Café Programs..... 734-544-2977

## Home-Delivered Meals

Milan Seniors for Healthy Living..... 734-508-6229  
Ann Arbor Meals on Wheels..... 734-998-6686  
Chelsea/Manchester..... 734-475-9242  
Dexter..... 734-426-7737  
Saline..... 734-429-9274  
Ypsilanti Meals on Wheels..... 734-487-9669  
Other..... 734-544-2977

## 17. MEDICAL SERVICES

Community Dental Center..... 734-998-9640  
Hope Dental Clinic..... 734-480-9575  
University of Michigan School of Dentistry..... 734-763-6933

## Geriatric Health Assessment

IHA & Internal Medicine..... 734-712-5189  
UM Turner Geriatric Clinic..... 734-764-6831  
Washtenaw Geriatrics..... 734-528-5700  
(Medical Services continued on next page)



The Blueprint for Aging works to increase and maintain factors that promote independent living for older adults in Washtenaw County  
734-926-4655  
[www.blueprintforaging.org](http://www.blueprintforaging.org)



**OFFICE OF COMMUNITY & ECONOMIC DEVELOPMENT**

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**Printing Services contributed by OCED Sponsor of the WC Meals on Wheels and Senior Café Programs and Foster Grandparent Program**

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## 17. MEDICAL SERVICES (continued)

### Health Services

Chelsea Community Hospital (St. Joseph Mercy).....	734-593-6000
EMS Life Link (Medical Alert System).....	734-477-6453
Hope Medical Clinic.....	734-481-0111
IHA Reichert Internal Medicine at Towsley.....	734-712-5189
JFS Partners in Care Medical Accompaniment.....	734-769-0209
"Lifeline" (Medical Alert System).....	800-380-3111
Medical Loan Closet (Emmanuel Lutheran Church).....	734-482-7121
Neighborhood Family Health Center (St. Joseph Mercy)...	734-547-7977
Packard Health.....	734-971-1073
Saline Community Hospital (St. Joseph Mercy).....	734-712-0020
UM Turner Geriatric Clinic.....	734-764-6831
Veteran Affairs A2 Healthcare System (V.A.).....	734-769-7100
Washtenaw County Health Department.....	734-544-6700
Huron Valley Pace.....	734-572-5777

### Prescription Assistance

CSSW MMAP (Medicare/Medicaid Assistance Program).....	734-712-7774
Medicare/Medicaid information.....	800-803-7174
Washtenaw County Prescription Plan.....	734-544-6886

## 18. MEDICARE/MEDICAID HELP & INFORMATION

CSSW MMAP (Medicare/Medicaid Assistance Program).....	734-712-7774
Medicare.....	800-633-4227
Medicare/Medicaid information.....	800-803-7174
Medicaid Beneficiary Helpline.....	800-642-3195
Michigan Peer Review Organization (MPRO).....	248-465-7300
Washtenaw County DHHS.....	734-481-2000

## 19. NURSING HOMES & INFORMATION

Housing Bureau for Seniors.....	734-998-9339
Michigan Department of Community Health Complaint Intake Unit.....	800-882-6006
Michigan Long-Term Care Ombudsman.....	866-485-9393
Chelsea Retirement Community.....	734-433-1000
Evangelical Homes (Saline).....	734-429-9401
Gilbert Residence.....	734-482-9498
Glacier Hills Care & Rehabilitation Center.....	734-929-6922

## 20. PHYSICAL FITNESS (See also your local Senior Center)

Ann Arbor YMCA.....	734-996-9622
Chelsea Wellness Center.....	734-214-0220
Saline Recreation Center.....	734-429-3502
St. Joseph Mercy Health-Ellen Thompson Health Center...	734-712-5800
UM Turner Senior Resource Center.....	734-998-9353
Washtenaw Community College Fitness Center.....	734-975-9950
Washtenaw County Parks and Recreation.....	734-971-6337

## 21. RESPITE CARE

Arbor Care, Inc.....	734-975-6608
Area Agency on Aging 1-B (AAA 1-B).....	800-852-7795
Brecon Village.....	734-429-1155
Brookdale Ann Arbor.....	734-327-1350
CSSW Interfaith Volunteer Caregiver Program.....	734-712-5730
Huron Woods.....	734-712-5600
Silver Maples of Chelsea.....	734-475-4111
Superior Woods Healthcare Center.....	734-547-7600

## 22. SENIOR CENTERS For complete senior center info see website: [BlueprintForAging.org/washtenaw-county-senior-centers](http://BlueprintForAging.org/washtenaw-county-senior-centers)

A2 Community Ctr.....	734-662-3128	A2 Sr Center.....	734-794-6250
Chelsea.....	734-475-9242	Dexter.....	734-426-7737
Jewish Community....	734-971-0990	Lincoln.....	734-483-8366
Milan.....	734-508-6229	Northfield Twp.....	734-449-2295
Pittsfield.....	734-822-2117	Saline.....	734-429-9274
UM Turner Sr. Res.....	734-998-9353	Ypsilanti (City).....	734-483-5014
Ypsi.Twp 50 Beyond...	734-544-3838		

## 23. SENIOR SUBSTANCE ABUSE

Alcoholics Anonymous.....	734-482-5700
Chelsea Behavioral Health Services.....	800-328-6261
CSSW Senior Services Resource Advocacy.....	734-712-7774
Dawn Farm (Spera).....	734-669-8265
Home of New Vision.....	734-975-1602
Older Adult Recovery Center.....	734-593-5251

## 24. SOCIAL SECURITY ADMINISTRATION

Social Security Administration: National Office.....	800-772-1213
Social Security Administration: Ann Arbor Office.....	877-479-9625

## 25. SUPPORT GROUPS

Al-Anon.....	734-995-4949
Alzheimer's Association.....	800-272-3900
Arbor Hospice Grief Recovery.....	734-662-5999
Arthritis Foundation (Michigan).....	248-649-2891
CSSW GAP (Grandparents as Parents).....	734-712-7774
Jewish Family Services (JFS).....	734-769-0209
National Parkinson's Foundation.....	800-473-4636
St. Joseph Mercy Health System Heart and Vascular.....	734-712-8205
Hospice Grief Recovery.....	888-418-5572
Stroke.....	734-712-2830
Turner Geriatric Clinic U of M: Caring for Aging Relatives, Caring for Your Mate, Diabetes, Low Vision, Staying Smoke Free.....	734-764-6831

## 26. TAX ASSISTANCE

American Association of Retired Persons (MI Office).....	866-227-7448
CSSW Tax Assistance Program.....	734-712-7774
Housing Bureau for Seniors.....	734-998-9339
St. Francis of Assisi Catholic Church.....	734-769-2550
Or.....	734-821-2100
United Way Tax Clinic.....	734-677-7235

## 27. TRANSPORTATION

Ann Arbor Transportation Authority (Info Line).....	734-973-6500
HVA Mobility Transportation (Wheelchair Vans).....	734-477-6404
Jewish Family Services (JFS).....	734-769-0209
Manchester Senior Citizens.....	734-385-6308
Night Ride and Holiday Ride.....	734-528-5432
People's Express.....	877-214-6073
The WAVE (Western Washtenaw Area Value Express)....	734-475-9494

## 28. VETERANS

Michigan Ability Partners.....	734-975-6880
Michigan Family Assistance Center.....	517-990-1196
Michigan Veterans Affairs Agency.....	1-800-MICH-VET
OLHSA Housing.....	517-546-8500
Transition Assistance Advisor.....	517-990-1111
Veteran Affairs A2 Healthcare System (V.A.).....	734-769-7100
Washtenaw County Veteran Affairs.....	734-973-4540

## 29. VISION IMPAIRMENT

Kellogg Eye of Center U of M.....	734-763-8122
Washtenaw Library for the Blind and Physically Disabled at the Ann Arbor District Library.....	734-327-4224

## 30. VOLUNTEER OPPORTUNITIES

CSSW RSVP (Retired & Senior Volunteer Program).....	734-712-4325
CSSW Senior Services Volunteer Program.....	734-712-4325
Hospice of Michigan Volunteer Program.....	734-769-4524
Jewish Family Services Older Adult Services.....	734-769-0209
OCED Foster Grandparent Program.....	734-544-3040
United Way of Washtenaw County.....	734-677-7234

## 31. WEBSITES

### Remember your librarian can help with websites.

Catholic Social Services of Washtenaw County.....	<a href="http://csswashtenaw.org">csswashtenaw.org</a>
Click on "Services for" then "Older Adults".....	<a href="http://ewashtenaw.org">ewashtenaw.org</a>
Human Services Resources.....	<a href="http://uwwashtenaw.org">uwwashtenaw.org</a>
Jewish Family Services (JFS).....	<a href="http://jfsannarbor.org">jfsannarbor.org</a>
MI Access to Services for Seniors.....	<a href="http://michigan.gov/miseniors">michigan.gov/miseniors</a>
Non-profit Credit Counseling.....	<a href="http://greenpath.org">greenpath.org</a>
U-M Geriatrics Center .....	<a href="http://med.umich.edu/geriatrics/index.htm">med.umich.edu/geriatrics/index.htm</a>
United Way volunteer opportunities.....	<a href="http://volunteerwashtenaw.org">volunteerwashtenaw.org</a>
WC Aging Collaboration.....	<a href="http://blueprintforaging.org">blueprintforaging.org</a>
Low-Cost Medical Equip.....	<a href="http://michiganloan closets.us/washtenaw">http://michiganloan closets.us/washtenaw</a>

