

Finding Comfort in Care: **Adult Day Services**



Howard has been bringing Grace to The Oaks, CSSW's Adult Day Program, twice a week for

several months. When Grace was diagnosed with dementia in 2012, Howard needed additional help to care for her. As he put it, "The Oaks is a blessing."

Grace started acting out of the ordinary. Grace began talking nonstop—completely out of character. When the couple went out at night, she would start talking to strangers, and when Howard tried getting her to leave, she would push him away and cling to the strangers around her. Friends noticed her staring off into space, and when addressed,

Story continued on page 5.

The Family Assessment Clinic (FAC) Joins CSSW!

The Family Assessment Clinic (FAC), formerly located at the University of Michigan School of Social Work, has affiliated with CSSW and is now located at our Packard Office. This new affiliation "will strengthen the commitment and impact we all have toward helping children and families who experience trauma and maltreatment through physical abuse, sexual abuse and/or neglect in our community," says CSSW President Larry Voight. "We are delighted to work with a program that aligns with our mission of helping those most vulnerable in our community."

The Clinic is child-centered, family-focused, culturally responsive and dedicated to the assessment and treatment of children and families when there is evidence of child maltreatment. Maltreatment can include physical, sexual, and psychological abuse, and physical and emotional neglect. Assessments address the cultural experience, strengths, vulnerabilities and traumatic experiences of each child and caregiver.

The FAC also works to prevent child maltreatment and endangerment through community education and the training of students, faculty



and staff. The FAC is a multidisciplinary program, comprised of faculty, staff and graduate students in the University of Michigan Schools of Psychology and Counseling, Social Work, Law and Medicine (including Pediatrics and Neuropsychology).

FALL 2013

Next time you are heading east on I-94, check out our billboard at Ellsworth Road, 0.5 miles west of US-23!



What's Happening at CSSW

HSS Client Award	2	Comfort in Care Cont.	5
Korea Update	2	John DeVine	5
GAP Picnic	2	Grant Awards	6
Senior Advocacy	2	Harbaugh Grant	6
Board News	3	UW Day of Action	6
RSVP Luncheon	3	Foster Care	7
Website Makeover	3	RENEWing A Life	7
Golf Outing Recap	4	Upcoming Events	8

Senior Advocacy

HSS Client Awarded Service Medals

The Senior Crisis Intervention Program helped 35 older adults resolve extreme problems related to basic needs. Case coordinators throughout the county worked together to problem solve and find resources to help those on the brink of disaster—such as a blind 94 year old senior whose overwhelming bills and lack of financial oversight were putting her lifelong home at risk.

Grandparents as Parents (GAP) Picnic



On a perfect August evening, Grandfamilies met at Gallup Park for the annual GAP picnic. Twenty EMU students graciously donated their time to provide childcare and fun for the kids so grandparents could enjoy some respite. Grandparents were able to connect with other families and sing and dance to the Motown Music provided by "The 1s and 2s" (pictured above), who are also GAP volunteers.

Staff Appreciation

On June 19, the CSSW staff joined together to celebrate their accomplishments over the last year.





Charles Tackett, a Housing Support Services (HSS) tenant, was honored on July 23 for his service in the Vietnam war. His records and medals were lost 43 years ago. The army recently acknowledged his service and Sergeant Kott presented him with his medals at the Fresh Start Clubhouse. A

small reception followed to honor Charles, and all veterans, for their service and commitment to our country.

Korea



CSSW continues to extend its reach internationally, working with partners to stop social issues globally. In May, Mike Reid and Larry Voight traveled to Korea to sign a Memorandum of Understanding with Pocheon Healthy Family Support Center, Pocheon Multicultural Family Center, and Daejin University, formalizing a variety of professional and organizational relationships.

Additionally, ten social work interns from Daejin and Shingu Universities were with us for six weeks this summer. The students spent time at the Oaks, working one-on-one with members, providing socialization, assisting them with activities such as Bingo, encouraging them during exercise and teaching them Korean words and about Korean culture.



Board News



Margot DeVine-Mumby, Kathy DeVine, Marnee DeVine, Larry Voight and Ashley Mumby

On June 12, current and former board members gathered together for a luncheon that included Agency highlights and a beautiful tribute to John DeVine shared by Dottie Farhat.

"How fortunate CSSW has been to have had such a leader who saw a need and had the courage and intelligence to go forward and do something worthwhile about it. With humor, perseverance, desire and humility he was able to accomplish much." -Dottie Farhat, Emeritus Trustee

Following the luncheon, the newly developed Recognition Wall was unveiled, which was created to honor the leadership and generosity of our board members, presidents, community partners and supporters.



The Recognition Wall is located in the lobby of the Packard Office. Stop by when you have the opportunity!

40th Annual RSVP Luncheon

The 40th annual RSVP luncheon took place on June 13. Members of the senior volunteer program enjoyed lunch, musical entertainment provided by their peers and a presentation from Guest Speaker Tara Griffith, Volunteer Coordinator for Matthei Botanical Gardens and Nichols Arboretum. Several special recognition awards were presented to volunteers. The event concluded with a raffle, thanks to the generosity of several community donors.



Speaker Tara Griffith with Jason Frenzel of the Huron River Watershed Council and Sharon Hewitt.

The CSSW Website Receives a Makeover!

Have you been to the new CSSW website? Visit us online at www.csswashtenaw.org and let us know what you think!





This year, twenty teams participated to help raise more than \$20,000 to support the Washtenaw Child Advocacy Center and Father Patrick Jackson House. Held at Travis Pointe Country Club, the outing included eighteen holes of golf, chipping and hole in one contests, raffles, and a live auction. Special thanks to Jim Brandstatter, Color Analyst for the Detroit Lions, for serving as emcee.



Jim Brandstatter, Ian Glassford, Mary King & Keith Moorman





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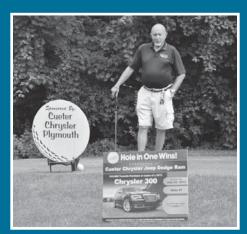
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Peggy Kelley, Brian Kelley, Mark Kelley & Mike Schumborg

Finding Comfort in Care (Continued from Page 1.)

she did not understand what was going on, as if she missed a beat. After Grace had an outburst that resulted in throwing things, Howard took her to the emergency room. Soon after, another episode took place and Grace was diagnosed with dementia. Although medication can help, there is no way of telling if her symptoms will stabilize or progress.

Before Grace was diagnosed, the couple enjoyed gardening and going to the gym together. She filled the yard with colorful flowers and cared for them throughout the summer. Howard enjoyed golfing frequently. Grace was active in many social groups, including the Red Hatters, sorority meetings and attending church every Sunday. As a retired teacher, she is always running into acquaintances around Ann Arbor.

Howard is no longer able to golf because he cannot leave Grace home alone. Without the ability to drive, she needs a ride to social gatherings and appointments. Howard has also taken over the laundry, as well





as cooking, cleaning and caring for Grace.

Howard was elated when introduced to The Oaks. After a tour and meeting the staff, he was excited for Grace to become a member. "I enjoy the

caring environment, that it's a safe place and appreciate how the employees will bend over backward for clients and their families."

The Oaks allows Grace to continue to be the social butterfly she has always been. In fact, she doesn't like to miss a day. When she and Howard walk in, several members greet them with excited, smiling faces. At The Oaks, Grace enjoys exercising, playing dice and making beaded necklaces and bracelets. This gives Howard 3-5 hours to accomplish other things he would not otherwise have the time to do.

Howard doesn't know how caretakers without a program like The Oaks manage. If it weren't for the help of The Oaks and his family, Howard would have to care for his wife 24/7. He loves her and wants to take care of her; however it can be difficult with no respite. He expressed the great relief he finds in having a safe place to take her, and how difficult it must be for caregivers without a respite program. "You are doing your job and someone else's. Every day."

In Memoriam John DeVine February 5, 1920-May 27, 2013



We would like to express our sincere thanks and gratitude to friends and supporters who have donated so generously to The Marnee & John DeVine Foundation in memory and honor of John DeVine.

John was one of the founding members of CSSW and served as the first Chairman of the Board. To honor John and his wife, Marnee, for their support and service, the CSSW Board of Directors established

The Marnee and John DeVine Foundation in 1992 as the philanthropic organization of CSSW. John's commitment to improving the quality of our community and his dedication to the mission of CSSW, will always be instrumental in generating support for CSSW and its programs.

To learn more about the Marnee and John DeVine Foundation, or to make a contribution:

csswashtenaw.org 734.971.9781 ext. 313 or 385

United Way Day of Action

Children's Trust Fund

Healthy Families

Washtenaw County

Casa Latina Latino Health Survey Project

The Ann Arbor Community Foundation

Interfaith Volunteer Caregiver Blueprint for Aging

The Jim Harbaugh Foundation

Washtenaw Child Advocacy Center Father Patrick Jackson House

Kiwanis Club of Ann Arbor

Frequent User System Engagement (FUSE) Healthy Families Washtenaw Prisoner Reentry (WPR)

National Council for Community Behavioral Healthcare

Frequent User System Engagement (FUSE)

Edward F. Redies Foundation, Inc.

Washtenaw Child Advocacy Center



Each year on June 21, the United Way sponsors a "Day of Action," bringing together communities "to harness the volunteer spirit and improve the conditions in which they live."



In honor of the United Way Day of Action, Truven Health staff members volunteered their time to wash windows at the CSSW Packard Office. We are so grateful to everyone that came out to lend a helping hand!

Additionally, volunteers from Retirement Income Solutions took the time to paint the interior of the Father Patrick Jackson House. They did a beautiful job sprucing up the atmosphere!

Special Grant Received in Honor of John B. DeVine

CSSW recently received a \$10,000 grant from the Jim Harbaugh Foundation, an organization established in 1994 to aid youth organizations in southeast Michigan. These funds will be used to support two children's programs of CSSW: the Father Patrick Jackson House Program (FPJH) and the Washtenaw Child Advocacy Center (WCAC).

"While we have been proud to support CSSW over the years, we are motivated to make this grant at this time

to honor the life and service of Mr. John DeVine," said Rob Pollock, treasurer of the Jim Harbaugh Foundation. "Not only was Mr. DeVine a personal mentor to many of us here at The Harbaugh Foundation, he was a founding donor to The Foundation and was instrumental in our getting established back in the early 1990s. We encourage everyone who is charitably inclined to honor this great man's life by making a donation of their own to either CSSW or The Marnee and John DeVine Foundation of CSSW."

RENEWing A Life

RENEW (Reflectively Embracing Nonviolence through Education for Women) is a support group program for women who have previously used force in their relationships. RENEW offers the opportunity to heal from the past as they explore violence-free choices for the future. Sabrina's story is an example of how RENEW helps women work toward violence free lives.

Sabrina relocated to Michigan with assistance from a legal aid agency and a battered women's shelter in a southern state. Staff from both agencies feared that Sabrina's husband, Paul, would kill Sabrina given his threats and previous actions against her. Sending Sabrina out of state to be with her family, without Paul's knowledge, seemed to be the safest alternative.

Once Sabrina returned to Michigan, she found her way to RENEW.

When Sabrina first enrolled in RENEW, she saw herself as a "perpetrator," only identifying with the actions she had used to navigate her abusive relationship with Paul. Over time, Sabrina grew to understand the complex, gender-specific dynamics of domestic violence.

She also began to heal.

As Sabrina engaged in the healing process, she recognized that the shame she felt for using force had overshadowed her extensive history as a domestic violence survivor. Sabrina began to work on who she wanted to be, how she wanted to live, and coming to terms with the trauma from her past.

While participating in RENEW, Sabrina's family told Paul how to contact her, as they believed "a husband should be with his wife." Sabrina was undaunted. She remained focused on improving her circumstances and finishing her education. Sabrina just completed a year studying in Europe, and is now a senior in college. She is "giving back" to RENEW in diverse ways, including peer facilitating groups and co-training with RENEW staff. Sabrina states that, for her, "RENEW is a healing place that gave me what I needed to move forward in my life."

Thanks to your support, we can continue to change lives, like Sabrina's, one person at a time.

FOSTER CHANGE · FOSTER HOPE · FOSTER A CHILD

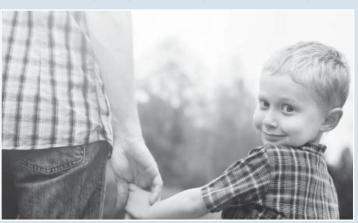
CSSW is currently looking for families that can provide foster children with nurturing and safe homes. Foster parents are:

- Committed to working with a child's birth parents
- Support the effort of returning children to their homes
- Encourage teens toward independent living
- Able to work with children who have emotional and behavioral needs
- Willing to provide a permanent home if necessary

The process of becoming a licensed foster parent is critical to ensure the safety of both the parent and child. There are no costs associated with the licensing and training process to potential foster parents. Foster parenting is a unique and rewarding experience. Foster parents have the opportunity to bond with the child and learn how to properly handle challenges when they arise.

For information on becoming a foster parent:

csswashtenaw.org call 734.971.9781 ext. 448.







4925 Packard Road Ann Arbor, MI 48108-1521 734.971.9781

www.csswashtenaw.org



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2014 SAVE THE DATES

Sunday, March 9 St. Patrick's Day Feast

Celebrating the

Father Patrick Jackson House Program

St. Francis of Assisi Catholic Church 2250 E Stadium Blvd, Ann Arbor, MI 48104

Details to come!

Father Pat's provides a safe haven for pregnant and parenting adolescents and their children. With a commitment to the health and well-being of teen parent families, Father Pat's uses an empowerment approach to assist young parents in becoming self sufficient.

Monday, June 9 Chip-in Fore Children

Enjoy a round of golf at Travis Pointe Country Club while benefiting the Washtenaw Child Advocacy Center and Father Patrick Jackson House!







The format will be a four person scramble (singles and groups welcome) and include breakfast, cart, snack at the turn & an awards dinner.

More details coming soon!