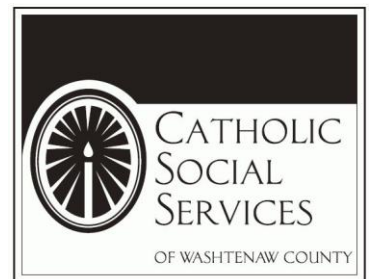


2017 Senior Resource Directory for Washtenaw County

Call Catholic Social Services of Washtenaw County (CSSW) at 734-712-7774
or visit us at www.csswashtenaw.org/seniors



1. ADULT DAY SERVICES

CSSW The Oaks-Ann Arbor..... 734-662-4001
Memory Support Center at Brecon Village..... 734-295-9811
Silver Club (UM Turner Resource Center)..... 734-998-9352

2. CARE MANAGEMENT/CARE COORDINATION

Area Agency on Aging 1-B..... 800-852-7795
Jewish Family Services (JFS)..... 734-769-0209

3. HOME MAINTENANCE/REPAIR/SAFETY

CSSW/NSS Home Maintenance/Repair/Home Safety..... 734-712-7774
OCED Home Weatherization Program..... 734-544-3008
WC Dept. of Health and Human Services (DHHS)..... 734-481-2000

4. COUNSELING/MENTAL HEALTH SERVICES

CSSW Behavioral Health Services..... 734-926-0155
Chelsea Behavioral Health Services..... 800-328-6261
Or..... 734-593-5251
WC Community Mental Health..... 734-544-3050
Jewish Family Services (JFS)..... 734-769-0209
U of M Psychiatric Emergency Services..... 734-996-4747
24-hr Crisis Center

5. EDUCATION

American Association of Retired Persons (MI Office).... 866-227-7448
Elderquest at EMU..... 734-487-0882
Osher Lifelong Learning Institute at UM..... 734-998-9351
Washtenaw Literacy..... 734-879-1320
WCC Economic and Community Development..... 734-677-5060

6. ELDER ABUSE/DOMESTIC VIOLENCE

Adult Protective Services (Elder Abuse) toll-free..... 855-444-3911
CSSW Senior Services Resource Advocacy..... 734-712-7774
SafeHouse Ctr (Domestic Violence/Sexual Assault)..... 734-995-5444
CSSW ADA (Alternatives to Domestic Aggression)..... 734-926-0159

7. EMERGENCY SERVICES (Food, Shelter, Utilities, Crisis)

American Red Cross..... 734-971-5300
Community Resource Center (Manchester)..... 734-428-7722
CSSW Emergency Food Program..... 734-662-4462
Faith in Action (Dexter & Chelsea School Districts)..... 734-475-3305
Friends in Deed..... 734-484-4357
House by the Side of the Road..... 734-769-4085
JFS Food Pantry & Clothing Programs..... 734-769-0209
Northfield Human Services..... 734-449-0110
Saline Area Social Services..... 734-429-4570
Salvation Army Ann Arbor..... 734-332-3474
Salvation Army Ypsilanti..... 734-482-4700
Shelter Association of Washtenaw County..... 734-662-2829
S.O.S. Community Crisis Center (food)..... 734-484-9945
U of M Psychiatric Emergency Services..... 734-996-4747
24-hr Crisis Center
WC Dept. of Health and Human Services (DHHS)..... 734-481-2000

8. FORECLOSURE INTERVENTION

Housing Bureau for Seniors..... 734-998-9339
MSU Extension Housing Counselors..... 734-222-9595
Washtenaw County Treasurer (tax foreclosure)..... 734-222-6600

9. GRANDPARENTS HELP & INFORMATION

CSSW Grandparents As Parents..... 734-712-3774

10. HEARING & SPEECH IMPAIRMENT

Deaf & Hearing Impaired Services..... 248-473-1888
EMU College of Education Clinical Suite..... 734-487-4410
UM Turner Senior Resource Center..... 734-998-9353

11. Home Health Care

St. Joseph's Mercy (Chelsea)..... 734-593-5780
EHM Senior Solutions (Shared Services)..... 734-222-4037
Caring Partners Home Health..... 734-769-5758
(Also see listings in Yellow Pages under "Nurses" or "Home Health")

12. Hospice

Arbor Hospice..... 734-662-5999
Hospice of Michigan..... 888-247-5701
St. Joseph Mercy Hospice..... 888-418-5572

13. HOUSING INFORMATION

Ann Arbor Housing Commission..... 734-794-6720
Housing Access for Washtenaw County..... 734-961-1999
Housing Bureau for Seniors..... 734-998-9339
Ypsilanti Housing Commission..... 734-482-4300

Independent, Assisted Living & Alzheimer's Residences

Brecon Village..... 734-429-1155
Chelsea Retirement Communities..... 734-433-1000
Evangelical Home (Saline)..... 734-429-9401
Gilbert Residence..... 734-482-9498
Glacier Hills..... 734-769-6410
Huron Woods..... 734-712-5600
Sanctuary at St. Joseph's Village..... 734-712-1600
Silver Maples of Chelsea..... 734-475-4111
Superior Woods Healthcare Center..... 734-547-7600
University Living..... 734-669-3030

Apartments - Subsidized or Affordable

| | |
|-----------------------------------|---------------------------------|
| Baker Commons.. 734-994-8249 | Carpenter Place....734-973-8377 |
| Chidester Place.... 734-487-9400 | Clark East Tower.. 734-482-5511 |
| Courthouse Sq.... 734-995-5511 | Cranbrook Tower..734-668-8914 |
| Cross St. Village... 734-483-8300 | Lexington Club.... 734-572-9000 |
| Lurie Terrace..... 734-665-0695 | Mill Pond Manor... 734-429-3838 |
| Miller Manor..... 734-794-6720 | Parkway Mdws.... 734-662-5055 |
| Sequoia Place..... 734-669-8840 | Towne Centre..... 734-482-5500 |
| Walls Manor..... 734-484-3820 | |

14. INFORMATION, REFERRAL & RESOURCE ADVOCACY

Area Agency on Aging 1-B..... 800-852-7795
Center for Independent Living..... 734-971-0277
CSSW Senior Services Resource Advocacy..... 734-712-7774
Eldercare..... 800-677-1116
Jewish Family Services (JFS)..... 734-769-0209
UM Turner Senior Resource Center..... 734-998-9353
WC United Way..... 211 (from landline)
Or..... 800-552-1183(from cell)

15. LEGAL SERVICES

Legal Hotline for Mich. Seniors (phone advice)..... 800-347-5297
Legal Services of South Central Michigan..... 734-665-6181
Washtenaw Bar Association Lawyer Referral (fee)..... 734-996-3229

16. MEALS

Group Meal Sites..... see "Senior Centers" list
Senior Nutrition Program (OCED)..... 734-544-2977

Home-Delivered Meals

Aid In Milan..... 734-439-8420
Ann Arbor Meals on Wheels..... 734-998-6686
Chelsea/Manchester..... 734-475-9242
Dexter..... 734-426-7737
Saline..... 734-429-9274
Ypsilanti Meals on Wheels..... 734-487-9669

17. MEDICAL SERVICES

Community Dental Center..... 734-998-9640
Hope Dental Clinic..... 734-480-9575
U of M School of Dentistry..... 734-763-6933

Geriatric Health Assessment

IHA & Internal Medicine..... 734-712-5189
U of M Turner Geriatric Clinic..... 734-764-6831
Washtenaw Geriatrics..... 734-528-5700
(Medical Services continued on next page)



OFFICE OF COMMUNITY & ECONOMIC DEVELOPMENT

Collaborative solutions for a promising future



The Blueprint for Aging works to increase and maintain factors that promote independent living for older adults in Washtenaw County
734-926-4655
www.blueprintforaging.org

www.ewashtenaw.org/oced

Printing Services contributed by **OCED**
Sponsor of the Senior Nutrition and Foster Grandparent Programs

2017 Senior Resource Directory for Washtenaw County

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or visit us at www.csswashtenaw.org/seniors



17. MEDICAL SERVICES (continued)

Health Services

| | |
|---|--------------|
| Chelsea Community Hospital (St. Joseph Mercy)..... | 734-593-6000 |
| EMS Life Link (Medical Alert System)..... | 734-477-6453 |
| Hope Medical Clinic..... | 734-481-0111 |
| IHA Reichert Internal Medicine at Towsley..... | 734-712-5189 |
| JFS Partners in Care Medical Accompaniment..... | 734-769-0209 |
| "Lifeline" (Medical Alert System)..... | 800-380-3111 |
| Medical Loan Closet (Emmanuel Lutheran Church)..... | 734-482-7121 |
| Neighborhood Family Health Center (St. Joseph Mercy)... | 734-547-7977 |
| Packard Health..... | 734-971-1073 |
| Saline Community Hospital (St. Joseph Mercy)..... | 734-429-1500 |
| UM Turner Geriatric Clinic..... | 734-764-6831 |
| Veteran Affairs A2 Healthcare System (V.A.)..... | 734-769-7100 |
| Washtenaw County Health Department..... | 734-544-6700 |
| Huron Valley Pace..... | 734-572-5777 |

Prescription Assistance

| | |
|---|--------------|
| CSSW MMAP (Medicare/Medicaid Assistance Program)..... | 734-712-0523 |
| Medicare/Medicaid information..... | 800-803-7174 |
| Washtenaw County Prescription Plan..... | 734-544-6886 |

18. MEDICARE/MEDICAID HELP & INFORMATION

| | |
|---|--------------|
| CSSW MMAP (Medicare/Medicaid Assistance Program)..... | 734-712-0523 |
| Medicare..... | 800-633-4227 |
| Medicare/Medicaid information..... | 800-803-7174 |
| Medicaid Beneficiary Helpline..... | 800-642-3195 |
| Michigan Peer Review Organization (MPRO)..... | 248-465-7300 |
| WC Dept. of Health and Human Services (DHHS)..... | 734-481-2000 |

19. NURSING HOMES & INFORMATION

| | |
|---|--------------|
| Housing Bureau for Seniors..... | 734-998-9339 |
| Michigan Bureau of Community Health Systems Complaint Intake Unit..... | 800-882-6006 |
| Long Term Care division..... | 517-241-4712 |
| Michigan Long-Term Care Ombudsman..... | 866-485-9393 |
| Chelsea Retirement Community..... | 734-433-1000 |
| Evangelical Homes (Saline)..... | 734-429-9401 |
| Gilbert Residence..... | 734-482-9498 |
| Glacier Hills Care & Rehabilitation Center..... | 734-929-6922 |

20. PHYSICAL FITNESS (See also your local Senior Center)

| | |
|---|--------------|
| Ann Arbor YMCA..... | 734-996-9622 |
| Chelsea Wellness Center..... | 734-214-0220 |
| Saline Recreation Center..... | 734-429-3502 |
| St. Joseph Mercy Health-Ellen Thompson Health Center... | 734-712-5800 |
| UM Turner Senior Resource Center..... | 734-998-9353 |
| Washtenaw Community College Fitness Center..... | 734-975-9950 |
| Washtenaw County Parks and Recreation..... | 734-971-6337 |

21. RESPITE CARE

| | |
|--|--------------|
| Arbor Care, Inc..... | 734-975-6608 |
| Area Agency on Aging 1-B (AAA 1-B)..... | 800-852-7795 |
| Brecon Village..... | 734-429-1155 |
| Brookdale Ann Arbor..... | 734-327-1350 |
| CSSW Interfaith Volunteer Caregiver Program..... | 734-712-5730 |
| Huron Woods..... | 734-712-5600 |
| Silver Maples of Chelsea..... | 734-475-4111 |
| Superior Woods Healthcare Center..... | 734-547-7600 |

22. SENIOR CENTERS For complete senior center info see website:

BlueprintForAging.org/washtenaw-county-senior-centers

| | | | |
|------------------------|--------------|-----------------------|--------------|
| A2 Community Ctr..... | 734-662-3128 | A2 Sr Center..... | 734-794-6250 |
| Chelsea..... | 734-475-9242 | Dexter..... | 734-426-7737 |
| Jewish Community.... | 734-971-0990 | Lincoln..... | 734-483-8366 |
| Milan..... | 734-508-6229 | Northfield Twp..... | 734-449-2295 |
| Pittsfield..... | 734-822-2117 | Saline..... | 734-429-9274 |
| UM Turner Sr. Res..... | 734-998-9353 | Ypsilanti (City)..... | 734-483-5014 |
| Ypsi.Twp 50 Beyond... | 734-544-3838 | | |

23. SENIOR SUBSTANCE ABUSE

| | |
|---|--------------|
| Alcoholics Anonymous..... | 734-482-5700 |
| Chelsea Behavioral Health Services..... | 800-328-6261 |
| CSSW Senior Services Resource Advocacy..... | 734-712-7774 |
| Dawn Farm (Spera)..... | 734-669-8265 |
| Home of New Vision..... | 734-975-1602 |
| Older Adult Recovery Center..... | 734-593-5251 |

24. SOCIAL SECURITY ADMINISTRATION

| | |
|---|--------------|
| Social Security Administration: National Office..... | 800-772-1213 |
| Social Security Administration: Ann Arbor Office..... | 877-479-9625 |

25. SUPPORT GROUPS

| | |
|---|--------------|
| Al-Anon..... | 734-995-4949 |
| Alzheimer's Association..... | 800-272-3900 |
| Arbor Hospice Grief Recovery..... | 734-662-5999 |
| Arthritis Foundation (Michigan)..... | 248-649-2891 |
| CSSW GAP (Grandparents as Parents)..... | 734-712-3774 |
| Jewish Family Services (JFS)..... | 734-769-0209 |
| National Parkinson's Foundation..... | 800-473-4636 |
| St. Joseph Mercy Health System Heart and Vascular..... | 734-712-8205 |
| Hospice Grief Recovery..... | 888-418-5572 |
| Stroke..... | 734-712-2830 |
| Turner Geriatric Clinic U of M: Caring for Aging Relatives, Caring for Your Mate, Diabetes, Low Vision, Staying Smoke Free..... | 734-764-6831 |

26. TAX ASSISTANCE

| | |
|--|--------------|
| American Association of Retired Persons (MI Office)..... | 866-227-7448 |
| CSSW Tax Assistance Program..... | 734-712-0588 |
| Housing Bureau for Seniors..... | 734-998-9339 |
| St. Francis of Assisi Catholic Church..... | 734-821-2100 |
| United Way Tax Clinic..... | 734-677-7235 |

27. TRANSPORTATION

| | |
|---|--------------|
| Ann Arbor Transportation Authority (Info Line)..... | 734-973-6500 |
| HVA Mobility Transportation (Wheelchair Vans)..... | 734-477-6404 |
| Jewish Family Services (JFS)..... | 734-769-0209 |
| Manchester Senior Citizens..... | 734-385-6308 |
| Night Ride and Holiday Ride..... | 734-528-5432 |
| People's Express..... | 877-214-6073 |
| The WAVE (Western Washtenaw Area Value Express).... | 734-475-9494 |

28. VETERANS

| | |
|--|----------------|
| Michigan Ability Partners..... | 734-975-6880 |
| Michigan Family Assistance Center..... | 517-990-1196 |
| Michigan Veterans Affairs Agency..... | 1-800-MICH-VET |
| OLHSA Housing..... | 517-546-8500 |
| Transition Assistance Advisor..... | 517-990-1111 |
| Veteran Affairs A2 Healthcare System (V.A.)..... | 734-769-7100 |
| Washtenaw County Veteran Affairs..... | 734-973-4540 |

29. VISION IMPAIRMENT

| | |
|---|--------------|
| Kellogg Eye of Center U of M..... | 734-763-8122 |
| Washtenaw Library for the Blind and Physically Disabled at the Ann Arbor District Library..... | 734-327-4224 |

30. VOLUNTEER OPPORTUNITIES

| | |
|---|--------------|
| CSSW RSVP (Retired & Senior Volunteer Program)..... | 734-712-4325 |
| CSSW Senior Services Volunteer Program..... | 734-712-4325 |
| Hospice of Michigan Volunteer Program..... | 734-769-4524 |
| Jewish Family Services Older Adult Services..... | 734-769-0209 |
| OCED Foster Grandparent Program..... | 734-544-3040 |
| United Way of Washtenaw County..... | 734-677-7234 |

31. WEBSITES

Remember your librarian can help with websites.

| | |
|---|--|
| Catholic Social Services of Washtenaw County..... | csswashtenaw.org |
| Click on "Services for" then "Older Adults"..... | ewashtenaw.org |
| Human Services Resources..... | uwashtenaw.org |
| Jewish Family Services (JFS)..... | jfsannarbor.org |
| MI Access to Services for Seniors..... | michigan.gov/miseniors |
| Non-profit Credit Counseling..... | greenpath.org |
| U of M Geriatrics Center | med.umich.edu/geriatrics/index.htm |
| United Way volunteer opportunities..... | volunteerwashtenaw.org |
| WC Aging Collaboration..... | blueprintforaging.org |
| Low-Cost Medical Equip..... | loan closets.org/michigan |

