

2016 Senior Resource Directory For Washtenaw County

Call Catholic Social Services of Washtenaw County (CSSW) at 734-712-7774
Or visit us at www.csswashtenaw.org/seniors



1. ADULT DAY SERVICES

CSSW The Oaks-Ann Arbor..... 734-662-4001
 CSSW The Oaks-Dexter..... 734-922-5876
 Memory Support Center at Brecon Village..... 734-295-9811
 Silver Club (UM Turner Resource Center)..... 734-998-9352

2. CARE MANAGEMENT/CARE COORDINATION

Area Agency on Aging 1-B..... 800-852-7795
 Jewish Family Services..... 734-769-0209

3. CHORE & MAINTENANCE

CSSW/NSS Chore and Home Safety..... 734-712-7774
 OCED Home Weatherization Program..... 734-622-9036
 WC Department of Health and Human Services..... 734-481-2000

4. COUNSELING/MENTAL HEALTH SERVICES

CSSW Behavioral Health Services..... 734-926-0155
 Chelsea Behavioral Health Services..... 800-328-6261
 Or..... 734-593-5251
 Community Mental Health (County)..... 734-544-3050
 Jewish Family Services..... 734-769-0209
 UM Psychiatric Emergency Services 24-hr Crisis Center 734-996-4747

5. EDUCATION

AARP (Michigan Office)..... 866-227-7448
 Elderquest at EMU..... 734-487-0882
 Osher Lifelong Learning Institute at UM..... 734-998-9351
 Washtenaw Literacy..... 734-879-1320
 WCC Economic and Community Development..... 734-677-5060

6. ELDER ABUSE/DOMESTIC VIOLENCE

Adult Protective Services (Elder Abuse) toll-free..... 855-444-3911
 CSSW Senior Services Resource Advocacy..... 734-712-7774
 SafeHouse Ctr (Domestic Violence/Sexual Assault)..... 734-995-5444
 CSSW ADA (Alternatives to Domestic Aggression)..... 734-926-0159

7. EMERGENCY SERVICES (Food, Shelter, Utilities, Crisis)

American Red Cross..... 734-971-5300
 Community Resource Center (Manchester)..... 734-428-7722
 CSSW Emergency Food Program..... 734-662-4462
 Faith in Action (Dexter & Chelsea School Districts)..... 734-475-3305
 Friends in Deed..... 734-484-4357
 House by the Side of the Road..... 734-769-4085
 JFS Food Pantry & Clothing Programs..... 734-769-0209
 Northfield Human Services..... 734-449-0110
 Saline Area Social Services..... 734-429-4570
 Salvation Army Ann Arbor..... 734-332-3474
 Salvation Army Ypsilanti..... 734-482-4700
 Shelter Association of Washtenaw County..... 734-662-2829
 S.O.S. Community Crisis Center (food)..... 734-484-9945
 UM Psychiatric Emergency Services 24-hr Crisis Center 734-996-4747
 WC Department of Health and Human Services..... 734-481-2000

8. FORECLOSURE INTERVENTION

Housing Bureau for Seniors..... 734-998-9339
 MSU Extension Housing Counselors..... 734-222-9595
 Washtenaw County Treasurer (tax foreclosure)..... 734-222-6600

9. GRANDPARENTS HELP & INFORMATION

CSSW Grandparents As Parents..... 734-712-3774

10. HEARING & SPEECH IMPAIRMENT

Deaf & Hearing Impaired Services..... 248-473-1888
 EMU College of Education Clinical Suite..... 734-487-4410
 Turner Senior Resource Center..... 734-998-9353

11. Home Health Care

Chelsea Care Home Health..... 734-593-5780
 Evangelical Homes of Michigan (Shared Services)..... 734-222-4037
 Caring Partners Home Health..... 734-769-5758
 (Also see listings in Yellow Pages under "Nurses" or "Home Health")

12. Hospice

Arbor Hospice..... 734-662-5999
 Hospice of Michigan..... 888-247-5701
 St. Joseph Mercy Hospice..... 888-418-5572

13. HOUSING INFORMATION

Ann Arbor Housing Commission..... 734-794-6720
 Housing Access for Washtenaw County..... 734-961-1999
 Housing Bureau for Seniors..... 734-998-9339
 Ypsilanti Housing Commission..... 734-482-4300

Independent, Assisted Living & Alzheimer's Residences

Brecon Village..... 734-429-1155
 Chelsea Retirement Communities..... 734-433-1000
 Evangelical Home (Saline)..... 734-429-9401
 Gilbert Residence..... 734-482-9498
 Glacier Hills..... 734-769-6410
 Huron Woods..... 734-712-5600
 Sanctuary at St. Joseph's Village..... 734-712-1600
 Silver Maples of Chelsea..... 734-475-4111
 Superior Woods Healthcare Center..... 734-547-7600
 University Living..... 734-794-9186

Apartments - Subsidized or Affordable

Baker Commons.. 734-994-8249	Carpenter Place....734-973-8377
Chidester Place... 734-487-9400	Clark East Tower..734-482-5511
Courthouse Sq..... 734-995-5511	Cranbrook Tower..734-668-8914
Cross St. Village... 734-483-8300	Lexington Club.... 734-572-9000
Lurie Terrace..... 734-665-0695	Mill Pond Manor... 734-429-3838
Miller Manor..... 734-794-6720	Parkway Mdws..... 734-662-5055
Sequoia Place..... 734-669-8840	Towne Centre..... 734-482-5500
Walls Manor..... 734-484-3820	

14. INFORMATION, REFERRAL & RESOURCE ADVOCACY

Area Agency on Aging 1-B..... 734-971-0277
 Center for Independent Living..... 800-852-7795
 CSSW Senior Services Resource Advocacy..... 734-712-7774
 Eldercare..... 800-677-1116
 Jewish Family Services..... 734-769-0209
 UM Turner Senior Resource Center..... 734-998-9353
 WC United Way..... 211 (from landline)
 Or..... 800-552-1183(from cell)

15. LEGAL SERVICES

Legal Hotline for Mich. Seniors (phone advice)..... 800-347-5297
 Legal Services of South Central Michigan..... 734-665-6181
 Washtenaw Bar Association Lawyer Referral (fee)..... 734-996-3229

16. MEALS

Group Meal Sites..... see "Senior Centers" list
 Senior Nutrition Program (OCED)..... 734-222-3767

Home-Delivered Meals

Aid In Milan..... 734-439-8420
 Ann Arbor Meals on Wheels..... 734-998-6686
 Chelsea/Manchester..... 734-475-9242
 Dexter..... 734-426-7737
 Northfield Twp..... 734-449-2295
 Saline..... 734-429-9274
 Ypsilanti Meals on Wheels..... 734-487-9669

17. MEDICAL SERVICES

Community Dental Center..... 734-998-9640
 Hope Dental Clinic..... 734-480-9575
 University of Michigan School of Dentistry..... 734-763-6933

Geriatric Health Assessment

IHA & Internal Medicine..... 734-712-5189
 UM Turner Geriatric Clinic..... 734-764-6831
 Washtenaw Geriatrics..... 734-528-5700
 (Medical Services continued on next page)



OFFICE OF COMMUNITY &
ECONOMIC DEVELOPMENT

Collaborative solutions for a promising future

www.ewashtenaw.org/oced

Printing Services contributed by **OCED**
**Sponsor of the Senior Nutrition and
 Foster Grandparent Programs**



The Blueprint for Aging works to increase and maintain factors that promote independent living for older adults in Washtenaw County
734-926-4655
www.BluePrintForAging.org

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17. MEDICAL SERVICES (continued)

Health Services

Chelsea Community Hospital (St. Joseph Mercy).....	734-593-6000
EMS Life Link (Medical Alert System).....	734-477-6453
Hope Medical Clinic.....	734-481-0111
IHA Reichert Internal Medicine at Towsley.....	734-712-5189
JFS Partners in Care Medical Accompaniment.....	734-769-0209
"Lifeline" (Medical Alert System).....	800-380-3111
Medical Loan Closet (Emmanuel Lutheran Church).....	734-482-7121
Neighborhood Health Family Center (St. Joseph Mercy)...	734-544-6900
Packard Health.....	734-971-1073
Saline Community Hospital (St. Joseph Mercy).....	734-429-1500
UM Turner Geriatric Clinic.....	734-764-6831
Veteran Affairs A2 Healthcare System (V.A.).....	734-769-7100
Washtenaw County Health Department.....	734-544-6700

Prescription Assistance

CSSW MMAP (Medicare/Medicaid Assistance Program).....	734-712-0523
Medicare/Medicaid information.....	800-803-7174
Washtenaw County Prescription Plan.....	734-544-6886

18. MEDICARE/MEDICAID HELP & INFORMATION

CSSW MMAP (Medicare/Medicaid Assistance Program).....	734-712-0523
Medicare.....	800-633-4227
Medicare/Medicaid information.....	800-803-7174
Medicaid Beneficiary Helpline.....	800-642-3195
Michigan Peer Review Organization (MPRO).....	248-465-7300
WC Department of Health and Human Services.....	734-481-2000

19. NURSING HOMES & INFORMATION

Housing Bureau for Seniors.....	734-998-9339
Michigan Department of Community Health	
Complaint Intake Unit.....	800-882-6006
Long Term Care Division.....	517-241-4712
Michigan Long-Term Care Ombudsman.....	866-485-9393
Chelsea Retirement Community.....	734-433-1000
Evangelical Homes (Saline).....	734-429-9401
Gilbert Residence.....	734-482-9498
Glacier Hills Care & Rehabilitation Center.....	734-929-6922

20. PHYSICAL FITNESS (See also your local Senior Center)

Ann Arbor YMCA.....	734-996-9622
Chelsea Wellness Center.....	734-214-0220
Saline Recreation Center.....	734-429-3502
St. Joseph Mercy Health-Ellen Thompson Health Center...	734-712-5800
UM Turner Senior Resource Center.....	734-998-9353
Washtenaw Community College Fitness Center.....	734-975-9950
Washtenaw County Parks and Recreation.....	734-971-6337

21. RESPITE CARE

Arbor Care, Inc.....	734-975-6608
Area Agency on Aging 1-B (AAA).....	800-852-7795
Brecon Village.....	734-429-1155
Brookdale Ann Arbor.....	734-327-1350
CSSW Interfaith Volunteer Caregiver Program.....	734-712-5730
Fairfax Manor.....	734-483-6662
Huron Woods.....	734-712-5600
Silver Maples of Chelsea.....	734-475-4111
Superior Woods Healthcare Center.....	734-547-7600

22. SENIOR CENTERS For complete senior center info see website:

BlueprintForAging.org/washtenaw-county-senior-centers

A2 Community Ctr.....	734-662-3128	A2 Sr Center.....	734-794-6250
Chelsea.....	734-475-9242	Dexter.....	734-426-7737
Jewish Community....	734-971-0990	Lincoln.....	734-484-7000
Milan.....	734-508-6229	Or.....	734-484-7557
Pittsfield.....	734-822-2117	Northfield Twp.....	734-449-2295
UM Turner Sr. Res.....	734-998-9353	Saline.....	734-429-9274
Ypsi.Twp 50 Beyond...	734-544-3838	Ypsilanti (City).....	734-483-5014

23. SENIOR SUBSTANCE ABUSE

Alcoholics Anonymous.....	734-482-5700
Chelsea Behavioral Health Services.....	800-328-6261
CSSW Senior Services Resource Advocacy.....	734-712-7774
Dawn Farm.....	734-669-8265
Home of New Vision.....	734-975-1602
Older Adult Recovery Center.....	734-593-5251

24. SOCIAL SECURITY ADMINISTRATION

Social Security Administration: National Office.....	800-772-1213
Social Security Administration: Ann Arbor Office.....	877-479-9625

25. SUPPORT GROUPS

Al-Anon.....	734-995-4949
Alzheimer's Association.....	800-272-3900
Arbor Hospice Grief Recovery.....	734-662-5999
Arthritis Foundation (Michigan).....	248-649-2891
CSSW GAP (Grandparents as Parents).....	734-712-3774
Jewish Family Services.....	734-769-0209
National Parkinson's Foundation.....	800-473-4636
St. Joseph Mercy Health System	
Heart and Vascular.....	734-712-8205
Hospice Grief Recovery.....	888-418-5572
Stroke.....	734-712-2830
Turner Geriatric Clinic U of M:	
Caring for Aging Relatives, Caring for Your Mate,	
Diabetes, Low Vision, Staying Smoke Free.....	734-764-6831

26. TAX ASSISTANCE

AARP (Michigan Office).....	866-227-7448
CSSW Tax Assistance Program.....	734-712-0588
Housing Bureau for Seniors.....	734-998-9339
St. Francis of Assisi Catholic Church.....	734-769-2550
Or.....	734-821-2100
United Way Tax Clinic.....	734-677-7235

27. TRANSPORTATION

Ann Arbor Transportation Authority (Info Line).....	734-973-6500
HVA Mobility Transportation (wheelchair vans).....	734-477-6404
Jewish Family Services.....	734-769-0209
Manchester Senior Citizens.....	734-385-6308
Night Ride and Holiday Ride.....	734-528-5432
People's Express.....	877-214-6073
The WAVE (Western Washtenaw Area Value Express)....	734-475-9494

28. VETERANS

Michigan Ability Partners.....	734-975-6880
Michigan Family Assistance Center.....	517-990-1196
Michigan Veterans Affairs Agency.....	1-800-MICH-VET
OLHSA Housing.....	517-546-8500
Transition Assistance Advisor.....	517-990-1111
Veteran Affairs A2 Healthcare System (V.A.).....	734-769-7100
Washtenaw County Veteran Affairs.....	734-973-4540

29. VISION IMPAIRMENT

Kellogg Eye Center U of M.....	734-763-8122
Washtenaw Library for the Blind and Physically Disabled at the Ann Arbor District Library.....	734-327-4224

30. VOLUNTEER OPPORTUNITIES

CSSW RSVP (Retired & Senior Volunteer Program).....	734-712-4325
CSSW Senior Services Volunteer Program.....	734-712-4325
Hospice of Michigan Volunteer Program.....	734-769-4524
Jewish Family Services Older Adult Services.....	734-769-0209
OCED Washtenaw Co. Foster Grandparent Program.....	734-622-9025
United Way of Washtenaw County.....	734-677-7234

31. WEBSITES

Remember your librarian can help with websites.

Catholic Social Services of Washtenaw County.....	csswashtenaw.org
Click on "Services for" then "Older Adults".....	ewashtenaw.org
Human Services Resources.....	washtenaw211.org
Jewish Family Services.....	jfsannarbor.org
MI Access to Services for Seniors.....	michigan.gov/miseniors
Non-profit Credit Counseling.....	greenpath.org
Resource Database by U-M.....	sitemaker.umich.edu/seniorhelp
United Way volunteer opportunities.....	volunteerwashtenaw.org
WC Aging Collaboration.....	blueprintforaging.org
Low-Cost Medical Equip.....	http://michiganloan closets.us/washtenaw/

