2017 Senior Resource Directory for Washtenaw County

Call Catholic Social Services of Washtenaw County (CSSW) at 734-712-7774 or visit us at www.csswashatenaw.org/seniors

1. ADULT DAY SERVICES
CSSW The Oaks-Ann Arbor............................... 734-662-4001
Memory Support Center at Brecon Village........... 734-295-9811
Silver Club (UM Turnor Resource Center)........... 734-998-3552

2. CARE MANAGEMENT/CARE COORDINATION
Area Agency on Aging 1-8................................. 800-852-7795
Jewish Family Services (JFS)............................. 734-769-0209

3. HOME MAINTENANCE/REPAIR/SAFETY
CSSW/NSS Home Maintenance/Repair/Home Safety.... 734-712-7774
OCED Home Weatherization Program................. 734-544-3008
WC Dept. of Health and Human Services (DHHS)... 734-481-2000

4. COUNSELING/MENTAL HEALTH SERVICES
CSSW Behavioral Health Services..................... 734-926-0155
Chelsea Behavioral Health Services.................... 800-328-6261
Caring Partners Home Health............................ 734-487-0882
Osher Lifelong Learning Institute at UM............. 734-998-9351
Washtenaw Literacy........................................ 734-879-1320
WCC Community Mental Health........................ 734-544-3050
JFS Senior Services of Washtenaw County........... 734-769-0209
U of M Psychiatric Emergency Services............... 734-996-4747

5. EDUCATION
American Association of Retired Persons (MI Office)... 866-227-7448
Elderquest at UM........................................... 734-487-0882
Osher Lifelong Learning Institute at UM............. 734-998-9351
Washtenaw Literacy........................................ 734-879-1320
WCC Community Mental Health Development........ 734-677-5060

6. ELDER ABUSE/DOMESTIC VIOLENCE
Adult Protective Services (Elder Abuse) toll-free........ 855-444-3911
CSSW Senior Services Resource Advocacy............ 734-712-7774
SafeHouse Ctr (Domestic Violence/Sexual Assault)... 734-995-5445
CSSW ADA (Alternatives to Domestic Aggression).... 734-926-0159

7. EMERGENCY SERVICES (Food, Shelter, Utilities, Crisis)
American Red Cross....................................... 734-971-5300
Community Resource Center (Manchester)............ 734-428-7722
CSSW Emergency Food Program....................... 734-662-4642
Faith in Action (Dexter & Chelsea School Districts)... 734-475-3305
Friends in Need............................................. 734-484-4357
House by the Side of the Road............................ 734-769-0485
JFS Food Pantry & Clothing Programs............... 734-969-3437
Northfield Human Services............................... 734-449-0110
Saline Area Social Services............................... 734-429-4570
Salvation Army Ann Arbor............................... 734-332-3474
Salvation Army Ypsilanti................................ 734-482-4700
Shelter Association of Washtenaw County............. 734-662-2829
S.O.S. Community Crisis Center (food).................. 734-484-5995
U of M Psychiatric Emergency Services.............. 734-996-4747
24-hr Crisis Center......................................... 734-998-0033
WC Dept. of Health and Human Services (DHHS)... 734-481-2000

8. FORECLOSURE INTERVENTION
Housing Bureau for Seniors............................. 734-998-9339
MSU Extension Housing Counselors.................... 734-222-9595
Washtenaw County Treasurer (tax foreclosure)..... 734-222-6600

9. GRANDPARENTS HELP & INFORMATION
CSSW Grandparents As Parents......................... 734-722-3774

10. HEARING & SPEECH IMPAIRMENT
Deaf & Hearing Impaired Services................... 248-473-1888
EMU College of Education Clinical Suite.......... 734-467-4410
UM Turner Senior Resource Center.................... 734-998-9353

11. Home Health Care
St. Joseph’s Mercy (Chelsea)............................. 734-593-5780
EHM Senior Solutions (Shared Services).............. 734-222-4037
Caring Partners Home Health............................ 734-769-5758
(Also see listings in Yellow Pages under “Nurses” or “Home Health”)

12. Hospice
Arbor Hospice............................................. 734-662-5999
Hospice of Michigan...................................... 888-247-5701
St. Joseph Mercy Hospice................................. 888-411-5702

13. HOUSING INFORMATION
Ann Arbor Housing Commission..........................734-794-6720
Housing Access for Washtenaw County............... 734-961-1999
Housing Bureau for Seniors.............................. 734-998-9339
Ypsilanti Housing Commission........................... 734-482-4300

Independent, Assisted Living & Alzheimer’s Residences
Breckenridge.................................................. 734-429-1155
Chelsea Retirement Communities....................... 734-433-1000
Evangelical Home (Saline)................................ 734-429-9401
Gilbert Residence.......................................... 734-482-9498
Glacier Hills.................................................. 734-769-6410
Huron Woods............................................... 734-712-5600
Sanctuary at St. Joseph’s Village......................... 734-712-1600
Silver Maples of Chelsea................................ 734-475-1111
Superior Woods Healthcare Center..................... 734-547-7600
University Living........................................... 734-669-3030

Apartments - Subsidized or Affordable
Baker Commons............................................. 734-994-8249
Chidester Place............................................. 734-487-9400
Court House Sq............................................ 734-995-5511
Cross St Village............................................ 734-483-8300
Lurie Terrace................................................ 734-665-0695
Mill Pond Manor.......................................... 734-429-3838
Miller Manor................................................. 734-794-6720
Parkway Mdws............................................. 734-662-5055
Sequoya Place.............................................. 734-669-8840
Walls Manor.................................................. 734-484-3820

14. INFORMATION, REFERRAL & RESOURCE ADVOCACY
Area Agency on Aging 1-B................................ 800-852-7795
Center for Independent Living........................... 734-971-0277
CSSW Senior Services Resource Advocacy............ 734-712-7774
ElderCare..................................................... 800-677-1116
Jewish Family Services (JFS)............................. 734-769-0209
UM Turner Senior Resource Center..................... 734-998-9353
WC United Way............................................. 248-111 (from landline)
Or.............................................................. 800-552-1183 (from cell)

15. LEGAL SERVICES
Legal Hotline for Mich. Seniors (phone advice)........ 800-547-2027
Legal Services of South Central Michigan.......... 734-665-6181
Washtenaw Bar Association Lawyer Referral (fee).... 734-996-3229

16. MEALS
Group Meal Sites.......................................... see “Senior Centers” list
Senior Nutrition Program (OCED)...................... 734-544-2977

Home-Delivered Meals
Aid In Milan.................................................. 734-439-8420
Ann Arbor Meals on Wheels.............................. 734-998-6688
Chelsea/Manchester........................................ 734-426-9242
Dexter.......................................................... 734-426-7737
Saline.......................................................... 734-429-9274
Ypsilanti Meals on Wheels............................... 734-487-9669

17. MEDICAL SERVICES
Community Dental Center................................ 734-998-9640
Hope Dental Clinic........................................ 734-480-9575
U of M School of Dentistry.............................. 734-763-6933

Geriatric Health Assessment
IHA & Internal Medicine.................................. 734-712-5189
U of M Turner Geriatric Clinic............................ 734-664-8231
Washtenaw Geriatrics..................................... 734-528-5700
(Medical Services continued on next page)

The Blueprint for Aging works to increase and maintain factors that promote independent living for older adults in Washtenaw County
734-926-4665 www.blueprintforaging.org

OFFICE OF COMMUNITY & ECONOMIC DEVELOPMENT
Collaborative solutions for a promising future

www.eawashtenaw.org/oced

Printing Services contributed by OCED
Sponsor of the Senior Nutrition and Foster Grandparent Programs
2017 Senior Resource Directory for Washtenaw County

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17. MEDICAL SERVICES (continued)

Health Services
Chelsea Community Hospital (St. Joseph Mercy)...........734-593-6000
EMS Life Link (Medical Alert System)........................734-477-6453
Hope Medical Clinic..............................................734-481-0111
IHA Reicht Internal Medicine at Towsley....................734-712-5189
JPS Partners in Care Medical Accompaniment..............734-769-0209
"Lifeline" (Medical Alert System).................................800-380-3111
Medical Loan Closet (Emmanuel Lutheran Church)......734-482-7121
Neighborhood Family Health Center (St. Joseph Mercy) .734-547-7977
Packard Health.....................................................734-971-1073
Saline Community Hospital (St. Joseph Mercy).............734-429-1500
UM Turner Geriatric Clinic.....................................734-764-6831
Veteran Affairs A2 Healthcare System (V.A.)..............734-769-7100
Washtenaw County Health Department......................734-544-6700
Huron Valley Pace...............................................734-572-5777

Prescription Assistance
CSSW MMAP (Medicare/Medicaid Assistance Program)....734-712-0523
Medicare/Medicaid information................................800-803-7174
Washtenaw County Prescription Plan.........................734-544-6886

18. MEDICARE/MEDICAID HELP & INFORMATION

CSSW MMAP (Medicare/Medicaid Assistance Program)....734-712-0523
Medicare......................................................................734-633-4227
Medicaid/Medicaid information...................................800-803-7174
Medicaid Beneficiary Helpline..................................800-642-3195
Michigan Peer Review Organization (MPRO)..............248-465-7300
WC Dept. of Health and Human Services (DHHS).........734-481-2000

19. NURSING HOMES & INFORMATION

Housing Bureau for Seniors........................................734-998-9339
Michigan Bureau of Community Health Systems.........800-882-6006
Long Term Care division...........................................517-241-4712
Michigan Long-Term Care Ombudsman.........................866-485-9393
Chelsea Retirement Community................................734-433-1000
Evangelical Homes (Saline).......................................734-429-9401
Gilbert Residence....................................................734-482-9498
Glacier Hills Care & Rehabilitation Center..................734-929-6922

20. PHYSICAL FITNESS (See also your local Senior Center)

Ann Arbor YMCA.....................................................734-996-9622
Chelsea Wellness Center...........................................734-214-0220
Saline Recreation Center...........................................734-429-3502
St. Joseph Mercy Health-Ellen Thompson Health Center .734-712-5800
UM Turner Senior Resource Center............................734-998-9353
Washtenaw Community College Fitness Center............734-975-9950
Washtenaw County Parks and Recreation....................734-971-6337

21. RESPIRE CARE

Arbor Care, Inc.......................................................734-975-6608
Area Agency on Aging 1-B (AAA 1-B).........................800-852-7795
Brecon Village........................................................734-429-1155
Brookdale Ann Arbor.............................................734-327-1350
CSSW Interfaith Volunteer Caregiver Program.............734-712-5730
Huron Woods..........................................................734-712-5600
Silver Maples of Chelsea..........................................734-475-4111
Superior Woods Healthcare Center..........................734-547-7600

22. SENIOR CENTERS For complete senior center info see website:
BluePrintForAging.org/washtenaw-county-senior-centers
A2 Community Gr. ..................................................734-662-3128
Chelsea.................................................................734-794-6250
Dexter.................................................................734-426-7737
IHA......................................................................734-508-6289
Northfield Twp......................................................734-449-2295
Oxford.................................................................734-822-2117
Saline.................................................................734-429-9274
Ypsilanti (City).......................................................734-483-5014
Ypsilanti (Twp).........................................................734-544-3838

23. SENIOR SUBSTANCE ABUSE

Alcoholics Anonymous............................................734-482-5700
Chelsea Behavioral Health Services.........................800-328-6261
CSSW Senior Services Resource Advocates...............734-712-7774
Dawn Farm (Spera).................................................734-669-8265
Home of New Vision................................................734-975-1602
Older Adult Recovery Center..................................734-593-5251

24. SOCIAL SECURITY ADMINISTRATION

Social Security Administration: National Office...........800-772-1213
Social Security Administration: Ann Arbor Office.........877-497-9625

25. SUPPORT GROUPS

AI-Anon.................................................................734-995-4949
Alzheimer’s Association...........................................800-272-3900
Arbor Hospice Grief Recovery................................734-662-5999
Arthritis Foundation (Michigan)...............................248-699-2891
CSSW GAP (Grandparents as Parents).......................734-712-3774
Jewish Family Services (JFS)................................734-769-0209
National Parkinson’s Foundation..............................800-473-4636
St. Joseph Mercy Health System...............................734-712-8205
Hospice Grief Recovery...........................................888-418-5572
Stroke.......................................................................734-712-2830

Turner Geriatric Clinic U of M:
Caring for Aging Relatives, Caring for Your Mate, Diabetes, Low Vision, Staying Smoke Free........734-764-6831

26. TAX ASSISTANCE

American Association of Retired Persons (MI Office)......866-227-7448
CSSW Tax Assistance Program................................734-712-0588
Housing Bureau for Seniors.....................................734-998-3939
St. Francis of Assisi Catholic Church............................1-800-Tax Clinic
United Way Tax Clinic............................................734-677-7235

27. TRANSPORTATION

Ann Arbor Transportation Authority (Info Line)...........734-973-6500
HVA Mobility Transportation (Wheelchair Vans)..........734-477-6404
Jewish Family Services (JFS)....................................734-769-0209
Manchester Senior Citizens.....................................734-385-6308
Night Ride and Holiday Ride..................................734-528-5432
People’s Express.....................................................877-214-6073
The WAVE (Western Washtenaw Area Value Express)...734-475-9494

28. VETERANS

Michigan Ability Partners........................................734-975-6880
Michigan Family Assistance Center...........................517-990-1196
Michigan Veterans Affairs Agency.............................1-800-MICH-VET
OLHSA Housing....................................................517-546-8500
Transition Assistance Advisor................................734-517-5333
Veteran Affairs A2 Healthcare System (V.A.).............734-769-7100
Washtenaw County Veteran Affairs..........................734-973-4540

29. VISION IMPAIRMENT

Kellogg Eye Center of U of M....................................734-763-8122
Washtenaw Library for the Blind and Physically Disabled at the Ann Arbor District Library........734-327-4224

30. VOLUNTEER OPPORTUNITIES

CSSW RSVP (Retired & Senior Volunteer Program).......734-712-4325
CSSW Senior Services Volunteer Program.......................734-712-4325
Hospice of Michigan Volunteer Program.......................734-769-4524
Jewish Family Services Older Adult Services.................734-769-0209
OCED Foster Grandparent Program...........................734-544-3040
United Way of Washtenaw County.............................734-767-7234

31. WEBSITES

Remember your librarian can help with websites.
Catholic Social Services of Washtenaw County.............csswashenaw.org
Click on “Services” for then “Older Adults”.................ewashtenaw.org
Human Services Resources........................................wwwwashtenaw.org
Jewish Family Services (JFS).....................................jsfanarbor.org
MI Access to Services for Seniors..............................michigan.gov/miseniors
Non-profit Credit Counseling......................................greenpath.org
U of M Geriatrics Center........................................med.umich.edu/geriatrics/index.htm
United Way volunteer opportunities............................volunteerwashtenaw.org
WC Aging Collaboration........................................blueprintforaging.org
Low-Cost Medical Equip........................................loanclosets.org/michigan