



# Accountability Workbook



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The Alternatives to Domestic Aggression Program was initiated in 1986. This workbook is a product of our years of experience developing and offering accountable Batterer Intervention. This workbook has over 265 pages outlining intervention material, exercises, tools, philosophy, assignments and more. It is based on the ADA 4 level progressive model of intervention, but can easily be utilized by programs utilizing an integrated group model or any other format. For more information on the ADA Program visit us on the world wide web at [www.csswashtenaw.org/ada](http://www.csswashtenaw.org/ada)



The heart of the curriculum seems to be an unwavering expectation of the highest standards of accountability from the participants. That has to be the starting point for anyone working with batterers. There is a progression in the material presented. Exercises and tools build on one another throughout the four segments of the program. The "Do I have reason to be in this program?" exercise is brilliant. Likewise, "Stop, Drop, and Roll" is simply inspired work from folks who know what they are doing. I like the opening and closing observances they use for every group session as a way to focus the group's attention on the matter at hand—violence, accountability, and nonviolence. As I read through the ADA Workbook I was more and more impressed.

**Tony Switzer**  
Men's Nonviolence Project  
Texas Council on Family Violence  
Austin, Texas

"I am really impressed with the Accountability Workbook. This is a great tool to use with men to assist them in the path to self-discovery and awareness. You all have put together a very comprehensive yet user-friendly tool. Working with men who batter to create change is an arduous and difficult task. Your workbook provides a step-by-step process to not only help them change, but connect their personal growth with larger systems of sexism and oppression, and provides them with the tools they can use to continue their growth and development. Thank-you for putting this valuable resource together and for making it accessible.

**Rus Ervin Funk, MSW,**  
Author of Stopping Rape: A Challenge for Men, Board member of the National Center on Domestic and Sexual Violence, and staff of the Center for Women and Families in Louisville, KY.

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